

Dianne Reidlinger Faculty of Health Sciences &
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Research interests

Dianne Reidlinger holds a PhD from King's College London, and is an Associate Professor with the Master of Nutrition and Dietetic Practice program. She is both an Australian Accredited Practising Dietitian, and a Registered Dietitian with the Health and Care Professions Council in the United Kingdom, having spent nearly a decade as a dietitian in England.

Dr Reidlinger is the Head of Program for the Master of Nutrition and Dietetic Practice program. She convenes and teaches the key research subjects for the program including Evidence-Based Practice for Health Professionals, Health Research Design and Planning, and the two comprehensive Nutrition Research Internships.

Dianne's PhD included a dietary intervention randomized controlled trial funded by Public Health England and the UK Food Standards Agency. The study investigated the impact of following UK dietary guidelines on cardiovascular disease risk in healthy people. She also investigated the cost of dietary changes consistent with UK dietary guidelines, and conducted a qualitative exploration of randomized participants.

Assoc Prof Reidlinger's current research interests are focused primarily on dietary interventions to support the prevention and management of chronic diseases, including cardiovascular disease, type 2 diabetes and chronic kidney disease.

Exploring consumer and patient preferences for the translation of evidence into practice, and to inform patient-focused service delivery, is an important component of her current research projects. She is experienced in a range of research methodologies including systematic literature reviews, randomised controlled trial designs and qualitative studies. She is the Editor for the Australian professional journal, *Nutrition & Dietetics*, published by Wiley in conjunction with Dietitians Australia.

Dianne is currently leading and participating in several educational research projects and engages in the scholarship of learning and teaching. She is privileged to work with First Nations academics and students, with their cultural knowledge and understanding of the lands across Australia and continues to learn from them.

Qualifications

Nutritional Science, PhD, Evidence, benefits and barriers to achieving an integrated cardioprotective dietary pattern, King's College London

Award Date: 1 Aug 2015

Postgraduate Certificate in Academic Practice, King's College London

Award Date: 1 Sept 2009

Master of Nutrition and Dietetics, Deakin University

Award Date: 1 Dec 1998

Employment

Associate Professor

Academic

Faculty of Health Sciences & Medicine

Australia

1 Jan 2020 → 31 Dec 2049

Bond University Nutrition and Dietetics Research Group

Faculty of Health Sciences & Medicine

Gold Coast, Australia

30 Sept 2014 → 31 Dec 2026

Visiting Senior Research Fellow

King's College London

London, United Kingdom

1 Aug 2014 → present

Research outputs

Editorial

Reidlinger, D. P., Jul 2021, In: Nutrition and Dietetics. 78, 3, p. 235-237 3 p.

Peer-assisted learning and small-group teaching to improve practice placement quality and capacity in dietetics

Reidlinger, D. P., Lawrence, J., Thomas, J. E. & Whelan, K., 1 Sept 2017, In: Nutrition and Dietetics. 74, 4, p. 349-356 8 p.

How expensive is a cardioprotective diet? Analysis from the CRESSIDA study

Reidlinger, D. P., Sanders, T. A. & Goff, L. M., 1 Jun 2017, In: Public Health Nutrition. 20, 8, p. 1423-1430 8 p.

Resting metabolic rate and anthropometry in older people: A comparison of measured and calculated values

Reidlinger, D. P., Willis, J. M. & Whelan, K., Feb 2015, In: Journal of Human Nutrition and Dietetics. 28, 1, p. 72-84 13 p.

How effective are current dietary guidelines for cardiovascular disease prevention in healthy middle-aged and older men and women? A randomized controlled trial

Reidlinger, D. P., Darzi, J., Hall, W. L., Seed, P. T., Chowienczyk, P. J., Sanders, T. A. B. & Cardiovascular disease risk Reduction Study (CRESSIDA) investigators, 1 Jan 2015, In: American Journal of Clinical Nutrition. 101, 5, p. 922-930 9 p.

The effectiveness of an integrated dietary intervention compared with an average UK diet in reducing cardiovascular disease risk factors in older men and women aged 40 to 70 years: The CRESSIDA Study

Reidlinger, D. P., Darzi, J., Hall, W. L., Maniou, Z., Govoni, V., Seed, P., Chowienczyk, P. J. & Sanders, T. A. B., 2013, In: Proceedings of the Nutrition Society. 72, OCE4, p. E249-E249 1 p.

The effect of an integrated dietary intervention (CRESSIDA) on plasma lipids

Reidlinger, D. P., Goff, L., Darzi, J., Govoni, V., Berry, S. E., Hall, W., Chowienczyk, P. J. & Sanders, T. A. B., Oct 2011, In: Atherosclerosis. 218, 2, p. E1-E1 1 p.