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1 **17 $\beta$ -estradiol and ureteral contractility: A role for the G protein-coupled estrogen**  
2 **receptor**

3

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1 **Abstract**

2 The aim of this study was to investigate the unknown effects of 17 $\beta$ -estradiol (E2) on ureteral  
3 contractility and the receptor and mechanisms involved. By utilising isolated porcine distal  
4 ureteral strips, we observed that E2 (30 – 300 $\mu$ M) and a G protein-coupled estrogen receptor  
5 specific agonist G-1 (30 $\mu$ M) both increased the frequency of phasic contractions of the ureter  
6 (P<0.05). E2 also decreased the maximum amplitude of these contractions (P<0.05). The G  
7 protein-coupled estrogen receptor specific antagonist G-36 (10 $\mu$ M) reversed E2 enhancement  
8 effects on frequency, but did not alter its effects on maximum amplitude of contractile  
9 responses. Additionally, it was observed that the effects of E2 were unaltered by removing  
10 the urothelium, inhibiting nitric oxide and prostaglandin production or preventing neuronal  
11 conduction. In the presence of a potassium channel blocker, 4-aminopyridine (10 $\mu$ M), the  
12 effects of E2 on frequency were prevented. This finding suggests that G protein-coupled  
13 estrogen receptor mediates the increase in frequency of ureteral phasic contractions induced  
14 by E2 via activation of potassium channels, while E2 alters the amplitude of these  
15 contractions through an unknown mechanism.

16

17 **Keywords:**

18 Estradiol; G-protein coupled receptor; Phasic contraction; Porcine; Smooth muscle  
19 contraction; Ureter

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## 1 **1. Introduction**

2 Urolithiasis is a common condition that affects up to 10% of the worldwide population and its  
3 prevalence and healthcare burden cost remains on the rise (Abufaraj et al., 2020). Risk factors  
4 including low fluid intake, high-salt low-fibre diet and obesity have been linked to increased  
5 risk of urolithiasis (Littlejohns et al., 2020). There is also an increased number of urolithiasis  
6 clinical presentations among women who had two or more pregnancies or had used female  
7 hormone therapy (estrogen and progesterone) (Abufaraj et al., 2020). However, there are also  
8 studies that have reported a potential protective role of estrogen against stone lodgement as  
9 females are found have a lower risk compared to males (Heller et al., 2002; Ozsoy et al.,  
10 2019) and estrogen-deprived post-menopausal women have been shown to have a higher risk  
11 of stone formation (Prochaska et al., 2018).

12  
13  $17\beta$ -estradiol (E2), the predominant circulating estrogen in humans, is known classically to  
14 activate nuclear estrogen receptors which are responsible mainly for transcriptional events  
15 within the cell (Fuentes and Silveyra, 2019). More recently, E2 has also been reported to  
16 engage in rapid non-genomic signalling events and has been implicated important for a  
17 number of cellular functions (Barton, 2012). This non-genomic activity is thought to be  
18 initiated by E2 binding to a membrane receptor, the G-protein coupled estrogen receptor (also  
19 known as GPR30) leading to modulation of many signalling pathways and also ultimately  
20 altered gene expression following long-term exposure (Jacenik and Krajewska, 2020). G  
21 protein-coupled estrogen receptor expression has been found in many tissues of the human  
22 body including the breasts, ovaries, uterus, testis, prostate, intestine, smooth and skeletal  
23 muscles (Jacenik and Krajewska, 2020).

24

1 Investigations on the functional role of the G protein-coupled estrogen receptor  
2 pharmacologically was possible with the development of highly selective agonist G-1 ( $K_d =$   
3  $10\text{nM}$ ) which was shown to not bind to the nuclear estrogen receptors at concentrations up to  
4  $10\mu\text{M}$  (Dennis et al., 2011). Subsequently, a highly selective antagonist for this receptor was  
5 also identified, namely, G-36, with  $IC_{50}$  value of  $112\text{nM}$  (Dennis et al., 2011). There is  
6 compelling evidence that G protein-coupled estrogen receptor mediates vasodilatory effects  
7 of E2 in the renal (Chang et al., 2019) and coronary (Masood et al., 2010; Meyer et al., 2010)  
8 vasculature via stimulation of nitric oxide (NO), hydrogen sulfide and prostaglandin release,  
9 alongside suppression of calcium sensitivity. In the gastrointestinal system, similar effects of  
10 G protein-coupled estrogen receptor activation are observed, inducing relaxation of the rat  
11 colon (Tang et al., 2015), human gall bladder (Lee et al., 2016) and the porcine lower  
12 oesophageal sphincter (Tsai et al., 2018). In the urinary tract, there is evidence of a functional  
13 role for this receptor where its specific agonist G-1 decreases human bladder urothelial cell  
14 proliferation (Luo and Liu, 2020). The role of G protein-coupled estrogen receptor in smooth  
15 muscle contraction within the urinary tract is sparse but a previous study on the isolated rat  
16 detrusor has shown that E2 ( $30\mu\text{M}$ ) decreases contractile responses induced by electrical field  
17 stimulation, carbachol and KCl (Valeri et al., 2009).

18  
19 The pathophysiology of urolithiasis has not been clearly elucidated. The formation of stones  
20 is known to predominantly occur in the kidney due to calcification. While smaller stones can  
21 pass to the bladder spontaneously with urine for expulsion, larger stones frequently lodge in  
22 the ureter (Glazer et al., 2020). Patients frequently present clinically with a pressing pain,  
23 known as ureteral colic, thought to be caused by the constriction of the ureteral tube resulting  
24 in elevated intraureteral pressure (Campschroer et al., 2014). The role of sex hormones in  
25 regulating ureteral motility has not been investigated, but is of great interest, considering

1 there is a significantly higher incidence of urolithiasis in males compared to females (Heller  
2 et al., 2002; Ozsoy et al., 2019). The aim of this study was to investigate the effects of E2 on  
3 agonist-induced contractile responses of the porcine ureter, and to identify the receptor and  
4 mechanism through which these effects are mediated.

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## 1 **2. Materials and Methods**

### 2 ***2.1 Tissue specimen origin and preparation***

3 Female pig urinary bladders, with ureters attached, from 6-month old female Landrace pigs  
4 were obtained from a local abattoir and immediately immersed in ice-cold Krebs-bicarbonate  
5 solution (4°C) composed of NaCl (188.4 mM), NaHCO<sub>3</sub> (24.9 mM), glucose (11.7 mM),  
6 CaCl<sub>2</sub> (1.9 mM), MgSO<sub>4</sub> (1.2 mM) and KH<sub>2</sub>PO<sub>4</sub> (1.2 mM) and transported to the laboratory.  
7 The distal segment of the ureter, determined as the 4cm just before entering the bladder, were  
8 isolated and dissected into 4mm long tissue strip sections. Tissue strips from the distal ureter  
9 were examined, as this is the most common site for urinary stone lodgement (El-Barky et al.,  
10 2014). The mucosa was left intact with the smooth muscle strips in all experiments, except  
11 when investigating its possible modulatory effects.

12  
13 Tissue strips were mounted longitudinally under approximately 1.5 g tension in 8 ml EZ-Bath  
14 organ baths (Global Towns Microtechnology, Sarasota, FL, USA) containing Krebs-  
15 bicarbonate solution, maintained at 37°C and continuously gassed with 95% O<sub>2</sub> and 5% CO<sub>2</sub>  
16 at pH 7.4. All tissue strips were equilibrated for 1 hour (washout with fresh solution every 15  
17 mins), before addition of any drug. The isometric tension developed by the tissues was  
18 recorded via a Powerlab recording system and Labchart software (ADInstruments, Castle  
19 Hill, NSW, Australia).

### 21 ***2.2 Effects of E2 on 5-HT-induced contractility***

22 Our previous studies on the porcine distal ureter have shown that it is not possible to obtain  
23 reproducible concentration-response curves due to tachyphylaxis (Lim et al., 2018, 2020).  
24 Thus, only one concentration-response curve to 5-HT (59nM – 590µM) was obtained in each  
25 tissue. Previous studies from our group also showed that responses to 5-HT in tissues from

1 animals of this specific age group were most reproducible and consistent, in comparison to  
2 other agonists including  $\alpha_1$ -adrenoceptor agonist phenylephrine or muscarinic receptor  
3 agonist carbachol (Lim et al., 2020).

4  
5 The short-term effects of E2 (1 $\mu$ M - 100 $\mu$ M) on ureteral contractility were examined by  
6 pairing adjacent tissue strips from the same ureter, where one acted as the control and the  
7 other incubated with E2 (1 $\mu$ M, 10 $\mu$ M, 30 $\mu$ M, or 100 $\mu$ M) for 25 mins before the addition of  
8 increasing cumulative concentrations of 5-HT every 5 mins. To investigate potential  
9 relaxatory effects of E2 (100 $\mu$ M), tissue strips were pre-contracted with KCl (80mM),  
10 followed by the addition of E2 (100 $\mu$ M) or isoprenaline (10 $\mu$ M), as a positive control, to  
11 investigate the possible presence of a relaxant response.

### 13 ***2.3 Mediation of E2 effects on ureteral contractility***

14 Our next set of experiments were performed to investigate the receptor subtype through  
15 which E2 mediates its effects in the ureter. For the antagonist experiments, we paired tissue  
16 strips from the same ureter and incubated all tissues with either the G protein-coupled  
17 estrogen receptor antagonist G-36 (10 $\mu$ M) or the nuclear estrogen receptor antagonist  
18 tamoxifen (1 $\mu$ M) for 30 mins. One of the two paired strips was also simultaneously incubated  
19 with E2 (100 $\mu$ M) for 25 mins and concentration-response curves to 5-HT were then obtained  
20 in all tissues. Preliminary experiments were performed to confirm that these antagonists alone  
21 do not affect contractile responses to 5-HT (data not shown). Additionally, we also  
22 investigated the effects of the G protein-coupled estrogen receptor selective agonist, G-1  
23 (30 $\mu$ M), by incubating the drug with tissues for 25 mins before observing its effects on 5-HT-  
24 induced contractility.

25



1 **2.4 The effects of urothelium, nerve conduction, NO, prostaglandin and potassium**  
2 **channels on E2-induced effects**

3 To investigate the influence of the urothelium on E2 effects, we examined 5-HT-induced  
4 responses in the absence or presence of E2 (100 $\mu$ M) in pairs of ureteral strips with the  
5 urothelium and lamina propria removed. The involvement of nerve conduction, NO,  
6 prostaglandins and potassium channels in the E2 effects were also investigated using the  
7 neurotoxin tetrodotoxin (TTX, 1 $\mu$ M), the NO synthase inhibitor N $\omega$ -Nitro-L-arginine (L-  
8 NNA, 10 $\mu$ M), the cyclo-oxygenase inhibitor indomethacin (10 $\mu$ M) and the K<sup>+</sup> channel  
9 blocker 4-aminopyridine (3mM). These drugs were added to the organ bath 30 mins before  
10 examining 5-HT concentration response curves in the absence or presence of E2 (100 $\mu$ M).  
11 Preliminary experiments and previous published work indicate that these agents alone do not  
12 have any effect on 5-HT-induced contractile response in the tissues (Lim et al., 2020).

13

14 **2.5 Data analysis**

15 In response to the agonist 5-HT, isolated ureteral strips developed bursts of phasic contractile  
16 activity (Figs 1A and 1B). These contractile responses appeared to increase in amplitude and  
17 frequency in a concentration-dependent manner and were expressed as maximum amplitude  
18 (grams tension developed per gram tissue weights, g / g) and frequency (contractions per  
19 min) in concentration-response curves. Due to the nature of these phasic contractions, area  
20 under the curve (AUC) by weight (gs g<sup>-1</sup>) was calculated to determine the overall contractile  
21 responses of the ureter, accounting for changes in both amplitude and frequency of  
22 contractions (Fig 1C). The frequency and AUC were measured over the 5 mins that each  
23 concentration of 5-HT was present in the bath.

24

1 GraphPad Prism software (GraphPad, San Diego, CA, USA) was used to perform statistical  
2 analysis and graphical representation. All data were expressed as mean  $\pm$  S.E.M. of 'n'  
3 preparations, where 'n' is the number of animals. Non-linear regression analysis of the  
4 concentration-response curves was used to determine the potency of the agonists (pEC50, the  
5 log of the concentration of a drug that produces half of the maximal response). Mean pEC50  
6 values and concentration-response curves were compared using two-tailed, paired or unpaired  
7 Student's *t*-tests as appropriate, where  $P < 0.05$  was considered statistically significant.

8

### 9 **2.6 Drugs and chemicals used**

10 Chemicals were of analytical grade and purchased from Sigma-Aldrich (Castle Hill, NSW,  
11 Australia).  $17\beta$ -estradiol (E2), N $\omega$ -Nitro-L-arginine (L-NNA), indomethacin, tetrodotoxin  
12 were obtained from Sigma-Aldrich (Castle Hill, NSW, Australia), 5-hydroxytryptamine  
13 hydrochloride (5-HT) was obtained from Abcam (Melbourne, VIC, Australia), and G protein-  
14 coupled estrogen receptor agonist G-1, G protein-coupled estrogen receptor antagonist G-36  
15 and tamoxifen were obtained from Cayman Chemical (Redfern, NSW, Australia). All drugs  
16 were dissolved in distilled H<sub>2</sub>O except  $17\beta$ -estradiol, G-36, G-1 and tamoxifen which were  
17 all dissolved in DMSO where the final concentration in bath amounted to less than 0.5%  
18 DMSO. Preliminary experiments confirmed that this concentration of DMSO (0.5%) did not  
19 affect tissue responses (data not shown).

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### 1 **3. Results**

2 All porcine ureteral strips (mean weight,  $31\text{mg} \pm 0.2\text{mg}$ ,  $n = 154$ ) were allowed to equilibrate  
3 to a passive tension of  $1.56\text{g} \pm 0.05\text{g}$ . During the equilibration period, only a few tissue strips  
4 (10 out of 154 tissues, 6.5%) developed spontaneous contractions while the other tissues  
5 remained quiescent in the absence of agonists. When quiescent tissues were subjected to  
6 increasing concentrations of 5-HT, they developed bursts of phasic contractions (Figs 1A and  
7 1B). Increasing concentrations of 5-HT induced increases in frequency and maximum  
8 amplitude of phasic activity in a concentration-dependent manner.

#### 10 ***3.1 Effects of E2 on 5-HT and KCl-induced contractile responses***

11 Upon the addition of E2 (1 -  $100\mu\text{M}$ ), the tissue baseline tension was unaffected. The pEC50  
12 values of 5-HT in the porcine distal ureteral strips were also unaffected in the presence of E2  
13 ( $1\mu\text{M}$ ,  $10\mu\text{M}$ ,  $30\mu\text{M}$ ,  $100\mu\text{M}$ ) compared to control tissues ( $n=6$  for each E2 concentration,  
14 unpaired Student's *t*-tests). Higher concentrations of E2 ( $30\mu\text{M}$  and  $100\mu\text{M}$ ) increased the  
15 frequency of the phasic contractions significantly (Figs 2C and 2E) while lower  
16 concentrations did not exert any effect on the frequency ( $1\mu\text{M}$ , data not shown,  $n=6$ , unpaired  
17 Student's *t*-tests;  $10\mu\text{M}$ , Fig 2A). E2 ( $10\mu\text{M}$ ,  $30\mu\text{M}$ ,  $100\mu\text{M}$ ) significantly reduced the  
18 maximum amplitude of the phasic contractile activity in the tissue strips (Figs 2B, 2D and 2F)  
19 while at  $1\mu\text{M}$ , did not produce any effect on the amplitude of the contractile response (data  
20 not shown,  $n=6$ , unpaired Student's *t*-tests). Overall contractility of the ureter expressed as  
21 AUC, decreased in the presence of E2 ( $100\mu\text{M}$ , Fig 1C).

22  
23 Ureteral tissue strips generated tonic contractions upon addition of a high concentration of  
24 KCl ( $80\text{mM}$ ). Following the generation of a sustained tonic contraction, addition of E2  
25 ( $100\mu\text{M}$ ) did not alter the tension of the tissue strips while the addition of isoprenaline

1 (10 $\mu$ M) was always capable of relaxing the tissue strips back to baseline tension (data not  
2 shown, n=7).

3

### 4 ***3.2 Role of G protein-coupled estrogen receptor in E2 effects on ureteral contractility***

5 In the presence of the selective estrogen nuclear receptor modulator tamoxifen (1 $\mu$ M), the  
6 effects of E2 (100 $\mu$ M) observed previously were unchanged where 5-HT pEC50 values  
7 remained the same, frequency increased and maximum amplitude of 5-HT-induced  
8 contractions were decreased in the presence of the hormone (Tables 1 and 2). In contrast, the  
9 G protein-coupled estrogen receptor selective antagonist G-36 (10 $\mu$ M) abolished the  
10 increased frequency of phasic contractions induced by E2 (Fig 3A), but did not alter the E2  
11 effects on maximum amplitude (Fig 3B) and general contractility expressed as AUC also was  
12 significantly lower (Fig 3C).

13

14 Incubation of ureteral strips with the G protein-coupled estrogen receptor selective agonist G-  
15 1 (30 $\mu$ M) mimicked the E2-enhancing effects on the frequency of 5-HT induced contractions  
16 (Fig 3D). However, unlike E2, G-1 failed to alter the maximum amplitude of the phasic  
17 contractions (Fig 3E), and subsequently resulted in an increase in contractile response  
18 expressed as AUC (Fig 3F).

19

### 20 ***3.3 Mechanisms involved in E2 effects on ureteral contractility***

21 To determine if the E2 effects were mediated via the urothelium, we examined 5-HT  
22 concentration-response curves in the absence and presence of E2 (100 $\mu$ M) in ureteral smooth  
23 muscle strips denuded of urothelium and lamina propria. The pEC50 values of 5-HT were  
24 similar, frequency of phasic contractions increased (Fig 5A), maximum amplitude decreased

1 (Fig 5B) in the presence of E2 (100 $\mu$ M), and AUC attenuated (Fig 5C) as observed in tissues  
2 with intact urothelium and lamina propria from Fig 1.

3  
4 In the presence of the NO synthase inhibitor L-NNA (100 $\mu$ M) and cyclooxygenase inhibitor  
5 indomethacin (10 $\mu$ M), the effects of E2 previously observed were also unaffected, where  
6 pEC50 values remained unchanged, frequency of contractions increased (Table 1) and  
7 maximum amplitude of contractions attenuated (Table 2). Decrease in contractile responses  
8 to AUC were also similar to that observed in Fig 1C (data not shown). In the presence of the  
9 non-specific potassium channel blocker 4-aminopyridine (10 $\mu$ M), the effects of E2 on the  
10 frequency of phasic contractions were abolished (Fig 4D), but the E2 effects on maximum  
11 amplitude were unchanged (Fig 4E). The decrease in contractility expressed as AUC by E2  
12 was also present (Fig 4F).

13

14 **Table 1. E2 (100 $\mu$ M) effects on the potency (pEC50) and maximum frequency values for**  
15 **5-HT-induced ureteral contractile responses in the presence of tamoxifen (1 $\mu$ M), L-NNA**  
16 **(10 $\mu$ M), indomethacin (10 $\mu$ M), and tetrodotoxin (1 $\mu$ M). Results presented as mean  $\pm$**   
17 **S.E.M. of 'n' preparations (unpaired Student's *t*-tests, <sup>a</sup> P < 0.05 vs control)**

	pEC50 values		Maximum Frequency (cpm)		n
	Control	E2	Control	E2	
<b>Tamoxifen (1<math>\mu</math>M)</b>	5.54 $\pm$ 0.49	5.60 $\pm$ 0.42	10.2 $\pm$ 1.3	18.1 $\pm$ 2.1 <sup>a</sup>	5
<b>L-NNA (100<math>\mu</math>M)</b>	5.46 $\pm$ 0.21	5.61 $\pm$ 0.50	9.3 $\pm$ 0.9	17.3 $\pm$ 1.2 <sup>a</sup>	5
<b>Indomethacin (10<math>\mu</math>M)</b>	5.73 $\pm$ 0.23	5.46 $\pm$ 0.20	11.4 $\pm$ 0.8	16.2 $\pm$ 0.9 <sup>a</sup>	6
<b>Tetrodotoxin (1<math>\mu</math>M)</b>	5.64 $\pm$ 0.26	5.82 $\pm$ 0.35	11.2 $\pm$ 0.6	18.3 $\pm$ 1.1 <sup>a</sup>	6

18

19

1 **Table 2. E2 (100 $\mu$ M) effects on the potency (pEC50) and maximum amplitude values for**  
 2 **5-HT induced ureteral contractile responses in the presence of tamoxifen (1 $\mu$ M), L-NNA**  
 3 **(10 $\mu$ M), indomethacin (10 $\mu$ M), and tetrodotoxin (1 $\mu$ M). Results presented as mean  $\pm$**   
 4 **S.E.M. of 'n' preparations (unpaired Student's *t*-test, <sup>a</sup> P < 0.05 vs control.**

	pEC50 values		Maximum Amplitude (g /g)		n
	Control	E2	Control	E2	
<b>Tamoxifen (1<math>\mu</math>M)</b>	6.42 $\pm$ 0.91	6.12 $\pm$ 0.82	294.1 $\pm$ 21.1	92.9 $\pm$ 10.0 <sup>a</sup>	5
<b>L-NNA (10<math>\mu</math>M)</b>	6.14 $\pm$ 0.51	5.91 $\pm$ 0.91	283.2 $\pm$ 13.1	101.1 $\pm$ 9.1 <sup>a</sup>	5
<b>Indomethacin (10<math>\mu</math>M)</b>	5.98 $\pm$ 0.42	6.32 $\pm$ 1.99	272.1 $\pm$ 32.5	103.7 $\pm$ 16.8 <sup>a</sup>	6
<b>Tetrodotoxin (1<math>\mu</math>M)</b>	6.20 $\pm$ 0.67	5.91 $\pm$ 0.82	278.3 $\pm$ 15.1	94.9 $\pm$ 11.3 <sup>a</sup>	6

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#### 1 **4. Discussion**

2 The role of E2 in the urinary tract is not fully elucidated and particularly in the ureter, its role  
3 is unknown. In this study, the isolated porcine ureter, which have been proposed to be similar  
4 to healthy human ureter pharmacologically and physiologically (Lim et al., 2020), was  
5 treated with E2 at various concentrations *in vitro* to determine if the hormone has a role in  
6 smooth muscle contraction in this tissue.

7  
8 The current results show that E2 at concentrations of 30 $\mu$ M and above, alters 5-HT-induced  
9 phasic contractile responses of the porcine ureter in two different aspects: increase in  
10 frequency of contractions and attenuation of maximum amplitude responses. The contractile  
11 responses of the ureter has been shown to have differing characteristics where bursts of  
12 phasic contractions develop in response to agonist, compared to other parts of the urinary  
13 tract like the bladder (Kang et al., 2015) where tonic contractions are usually exhibited.  
14 However, estrogen has previously been shown to exert a similar inhibitory effect on the  
15 amplitude of carbachol-induced contractions in the isolated human (Elliott et al., 1992), pig  
16 (Dambros et al., 2004) and rat (Elliott et al., 1992; Valeri et al., 2009) detrusor smooth  
17 muscle. Additionally, pre-treatment with estrogen in the rat *in vivo* was reported to reduce the  
18 maximum contractile response of the detrusor smooth muscle to acetylcholine and electrical  
19 stimulation (Elliott et al., 1992). Contrastingly, mouse pre-treated with estradiol in a separate  
20 investigation suggested a decreased in maximum response to methacholine (Ma et al., 2004).  
21 However, there was also a decreased response to high-K(+) physiological salt solution, which  
22 suggests that this inhibitory effect might not be estrogen receptor-specific (Ma et al., 2004).  
23  
24 The pathophysiology of ureteral colic is not clearly elucidated, but it is thought that in this  
25 condition, there is an increased contractility of the ureteral smooth muscle wall, and

1 subsequently increased intraureteral pressure (Campschroer et al., 2014). The nature of  
2 ureteral contractile responses where bursts of phasic contractions are observed, makes it  
3 difficult and complex to investigate. An increase in frequency of ureteral contractions  
4 induced by E2 might promote ureteral peristalsis, and therefore can be regarded as a  
5 favourable factor to increase spontaneous passage of stones. The decreased amplitude might  
6 reduce intraureteral pressure, which has been correlated with reduced afferent nerve activity  
7 and pain (Johnson et al., 2016). Additionally, overall contractility of the ureter expressed as  
8 AUC suggests E2 decreases the general contractile activity which again, further promotes the  
9 notion that E2 might enhance stone passage. This finding might explain the increased number  
10 of clinical presentations with colic in women post-menopause and in males compared to  
11 females (Heller et al., 2002; Ozsoy et al., 2019; Prochaska et al., 2018).

12  
13 While it is well established that E2 exerts most of its long-term effects via the nuclear  
14 estrogen receptor by mainly altering gene transcription and cellular processes, several factors  
15 contradict the involvement of nuclear receptors in this study, including: (i) the rapid effect  
16 that E2 exerted on ureteral contractility, which is inconsistent with the time course required  
17 for gene transcription (Barton, 2016), (ii) the concentration of E2 required to exert these  
18 effects are higher than required for genomic activation (McEwen, 1991), and (iii) the inability  
19 of tamoxifen to suppress these effects (Comeglio et al., 2014). Therefore, it was predicted  
20 that the effects of E2 were mediated via a membrane-bound receptor. Additionally, the G  
21 protein-coupled estrogen receptor has been shown to be involved in smooth muscle  
22 contraction and relaxation within the intestine (Jacenik and Krajewska, 2020), oesophagus  
23 (Tsai et al., 2018) and also in the detrusor muscle (Valeri et al., 2009). Interestingly, our  
24 results show that the G protein-coupled estrogen receptor antagonist G-36 was only able to  
25 reverse the E2 enhancement of frequency responses to 5-HT and not the inhibitory effects of



1 E2 on amplitude responses. The G protein-coupled estrogen receptor agonist G-1 mimicked  
2 the effects of E2 on the frequency of contraction, confirming that E2 most likely increases  
3 frequency of phasic contractions via this receptor, but did not produce any effect on the  
4 amplitude of the contractile response, confirming different E2 mechanisms on this parameter.  
5 Surprisingly, the E2 effect on amplitude did not appear to be mediated via E2 nuclear  
6 receptors either, since the presence of tamoxifen was unable to reverse this. Therefore, the  
7 mechanism involved in E2 depressing amplitude remain unknown.

8  
9 Previous studies have suggested that G protein-coupled estrogen receptor involvement in  
10 smooth muscle activity is mediated via various mechanisms including neurogenic modulation  
11 (Li et al., 2016), production of NO (Teoh et al., 2020), prostaglandin release (Huang et al.,  
12 2018) and activation of potassium channels (Tsai et al., 2018). Tetrodotoxin, L-NNA and  
13 indomethacin did not inhibit the effects of E2 which demonstrates that in the porcine distal  
14 ureter, E2-related effects are not attributed to neurotransmitter release, NO or prostaglandin  
15 production. In a previous study on the isolated human detrusor, E2 was suggested to reduce  
16 spontaneous phasic contractions via the activation of potassium channels (Hristov et al.,  
17 2017). In the ureter, our results show that blockade of potassium channels by 4-  
18 aminopyridine reversed the E2 effects on the frequency of ureteral phasic contractions, which  
19 suggests that this increase in frequency is associated with the opening of potassium channels.

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1 **5. Conclusions**

2 Our study is the first to demonstrate that E2 applied *in vitro* alters the contractile responses of  
3 the porcine ureter by increasing the frequency of phasic contractions, mediated by G protein-  
4 coupled estrogen receptor and also by decreasing the amplitude of these contractions via an  
5 unknown mechanism. Our results suggest that the stimulated G protein-coupled estrogen  
6 receptor might activate the opening of potassium channels in the ureter to exert an increase in  
7 frequency.

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13 in the study design, data collection and analysis, report writing and decision to submit the  
14 article for publication.

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18 **Ethical Statement:** The animal tissues utilised in this study were obtained from an abattoir  
19 after slaughter for food and were considered waste and therefore, did not require ethical  
20 approval by the institutional committee.

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24 **Conflict of Interest:** None to report or disclose.

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1 **Figure Legends**

2 **Fig 1. Raw data trace showing bursts of phasic contractions developed by the isolated**  
3 **porcine distal ureter after the addition of 100 $\mu$ M 5-HT (maximum contractile response) in**  
4 **the absence (A) and presence (B) of E2 (100 $\mu$ M) and the corresponding 5-HT**  
5 **concentration response curves expressed as AUC by weight,  $gs\ g^{-1}$  (C). Black triangle**  
6 **denotes the timepoint where the agonist was added into the organ bath. Data points in**  
7 **concentration response curves are presented as mean  $\pm$  S.E.M. of 6 preparations (unpaired**  
8 **Student's *t*-tests, \* P < 0.05 vs control).**

9 **Fig 2. Concentration-response curves for 5-HT in isolated distal porcine ureter in the**  
10 **absence and presence of E2 (10  $\mu$ M, A-B; 30  $\mu$ M, C-D; 100  $\mu$ M, E-F). Responses are**  
11 **expressed as frequency (A, C, and E) and maximum amplitude (B, D and F) expressed as**  
12 **grams developed tension per gram tissue weight. Data points presented as mean  $\pm$  S.E.M. of**  
13 **6 preparations for each group (unpaired Student's *t*-test, \* P < 0.05 vs control).**

14 **Fig 3. Concentration response curves for 5-HT in isolated distal porcine ureter in the**  
15 **presence of G-36 (10 $\mu$ M) in the presence and absence of E2 (100 $\mu$ M) (A-C) and in the**  
16 **absence and presence of G-1 (10 $\mu$ M) (D-F). Responses are expressed as frequency (A and**  
17 **D), maximum amplitude (B and E) and AUC (C and F) expressed as grams developed tension**  
18 **per gram tissue weight. Data points presented as mean  $\pm$  S.E.M. of 6 preparations (unpaired**  
19 **Student's *t*-tests, \* P < 0.05 vs control).**

20 **Fig 4. The effects of E2 (100 $\mu$ M) on 5-HT-induced contractions in isolated distal porcine**  
21 **ureteral strips denuded of urothelium and lamina propria (A-C) and in the presence of 4-**  
22 **aminopyridine (3mM) (D-F). Responses are expressed as frequency (A and D), maximum**  
23 **amplitude (B and E) and AUC (C and F) expressed as grams developed tension per gram**  
24 **tissue weight. Data points presented as mean  $\pm$  S.E.M. of 6 preparations (unpaired Student's**  
25 ***t*-tests, \* P < 0.05 vs control).**