Multidisciplinary lifestyle intervention in children and adolescents - results of the GRIT (Growth, Resilience, Insights, Thrive) pilot study
Mayr, Hannah; Cohen, Felicity ; Isenring, Elisabeth; Soenen, Stijn; Fossheim, Therese ; Project GRIT Team; Marshall, Skye

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<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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| 11:00-11:15am | Youth Forum  
Jessica Santos: Understanding the facilitators and barriers to primary health care for Indigenous adolescents: a systematic review  
Anna D Li: APCP: are we making decisions based on evidence or intuition?  
Kanwal Saleem: Experiences and unmet needs of adolescent girls with heavy menstrual bleeding and pain  
Christina Heris: Understanding the facilitators and barriers to primary health care for Indigenous adolescents among Aboriginal and Torres Strait Islander and non-Indigenous youth  
Mieke Snijder: Deformities  
Sarah Smart: What's the impact of the introduction of non-binary funding models on the mental health of secondary school students?  
Rohan Borschmann: Sexuality needs of the young person with cancer - are clinician's empowered?  
Alexandra Rushworth: The decline of smoking among Aboriginal and Torres Strait Islander secondary school students  
Ciara MC Stapleton: HPV and related disease in Australia - is the end in sight?  
Jane Gauci: What is known about the effectiveness of self-management programs for adolescents with chronic disease?  
Claire Masula: Meeting unpredictability with flexibility; Responsive support for young people living with cancer.  
Ruth E Crowther: Self-harm in primary school-aged children and adolescents: prospective cohort study  
Ying Ting Loong: Experiences of healthcare navigation and access in MSA for young people of Aboriginal background  
Ruth E Crowther: Digital mental health programs and apps you can trust.  
Laura Beaton: The association between the digital mental health programs and apps you can trust.  
Rohan Borschmann: The narrative of an adolescent and his experience of violence, bullying and harassment on digital mental health programs and apps you can trust.  |
| 11:15-11:30am | Oral Presentations  
Dr Andrew Ramsay: Aboriginal/Torres Strait Islander Youth Health  
Bianca Forrester: Young people's perception of safety in youth-serving organisations is related to their trust.  
Jenny A Garnsey: On Eating Disorders: Reflections of the Monash Health Adolescent Medicine Unit  
Alexandra Rushworth: The decline of smoking among Aboriginal and Torres Strait Islander secondary school students  
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| 11:30-11:45am | Oral Presentations  
Kareem El-Ansary: Aboriginal/Torres Strait Islander Youth Health  
Andrew Fuller: ‘Next Generation: Youth Wellbeing Study’: Chronic disease risk markers among Aboriginal and Torres Strait Islander Youth Health  
Megan Lim: Experiences of healthcare navigation and access in MSA for young people of Aboriginal background  
Ying Ting Loong: Experiences of healthcare navigation and access in MSA for young people of Aboriginal background  
Melissa Kang: Experiences of healthcare navigation and access in NSW for young people of Aboriginal background  
Kate Luiten: Understanding the facilitators and barriers to primary health care for Indigenous adolescents as a systematic review  
Kath Dymond: HPV and related disease in Australia - is the end in sight?  
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| 11:45-12:00pm | Oral Presentations  
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| 12:30-1:00pm | Oral Presentations  
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<th>Poster Presentations</th>
<th>Panel Presentations</th>
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**Oral Presentations**

- **Oral Presentations**
  - **90 minute symposium**
    - **Michelle Raggatt:** Aboriginal and Torres Strait Islander Youth Health/Leadership
    - **Jana K Ventura:** Sexual and Reproductive Health
    - **Nina NR Raymundo:** Youth Participation and Leadership

**Poster Presentations**

**Panel Presentations**

**Networking Activities**

- **Poster Viewing with Authors 12.00 - 1.00 PM**

**Keynote**

- **Georgie Harman**
  - **Keynote:** 'The time is now: structural reform for better mental health for generations to come'

**AFTERNOON**

- **Keynote:** 'The Age of Adolescence'
  - **Keynote:** 'Health inequalities and the youth justice system'

**SESSIONS**

**MORNING POSTER SESSIONS**

**AFTERNOON**

**SESSIONS**

**AFTERNOON**
**Youth Leadership and Participation**

**Oral Presentations**

**Jo Durham:**
Transition in Care

**Kelsey Gill:**

**Belinda L Tominc:**
Youth Leadership/Other/ Mixed Themes

**Oral Presentations**

**Jane Cooper:**
10.15 - 11.00 AM

**Lunch**
12.00 - 12.15 PM

**12.15 - 12.30 PM**

**Sally Gibson:**
12.30 - 12.45 PM

**Sophia Garlick Bock:**
12.15 - 12.30 PM

**Melissa C Miller:**
12.15 - 12.30 PM

**Divya Peter:**
12.00 - 12.15 PM

**Erin Devine:**
12.00 - 12.15 PM

**Kypros Kyprianou:**
11.45 - 12.00 PM

**Kevin Shi:**
11.45 - 12.00 PM

**Karen Spielman:**
11.00 - 11.30 AM

**Let's Talk 2019: Young Wom*n's Views on Sex Education**

**Ellie Freedman:**
10.15 - 11.00 AM

**Stephanie F Zwi:**
10.00 - 12.00 AM

**Jennifer L Marino:**
10.00 - 12.00 AM

**Bright O Ahinkorah:**
10.15 - 11.00 AM

**Madeleine SY Lim:**
10.15 - 11.00 AM

**Sophia Garlick Bock:**
10.15 - 11.00 AM

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**Jo Durham:**
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**Belinda L Tominc:**
10.15 - 11.00 AM

**Oral Poster session**

**Kath Albury:**
9.30 - 10.15 AM

**Bright O Ahinkorah:**
9.30 - 10.15 AM

**Madeleine SY Lim:**
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**Kath Albury:**
11.45 - 12.00 PM

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**Belinda L Tominc:**
12.15 - 12.30 PM

**Oral Poster session**

**Kath Albury:**
1.00 - 2.00 PM

**Bright O Ahinkorah:**
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**Jo Durham:**
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**Belinda L Tominc:**
1.00 - 2.00 PM

**Oral Poster session**

**Kath Albury:**
2.30 - 3.30 PM

**Bright O Ahinkorah:**
2.30 - 3.30 PM

**Madeleine SY Lim:**
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**Jo Durham:**
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**Belinda L Tominc:**
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