Multidisciplinary lifestyle intervention in children and adolescents - results of the GRIT (Growth, Resilience, Insights, Thrive) pilot study

Project GRIT Team

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### Oral Presentations

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#### Keynote: Youth Generation: Youth-Driven Study
- Chronic disease risk factors among Aboriginal adolescents

#### Youth Focus

- Laura E Anderson: All action no talk: and Youth Advisory Committee
- Stanya Sharota: Kirketon Road Centre.
- Jessica Santos: Overcoming financial barriers - An evaluation of brokerage provision and service access at the
- Tara Purcell: Students: implications for future policy
- Christina Heris: Aboriginal adolescents in the SEARCH study
- Chris McKay: Starlight’s Healthier Futures Initiative
- Mieke Snijder: Understanding the facilitators and barriers to primary health care for Indigenous children and adolescents: a systematic review
- Alanna Westerman: Occupational Therapy – A Future Leader in Adolescent Healthcare

#### Mixed Themes

- Dr Andrew Ramsay: Adolescents.
- Rachel L Buckley: GPs in Victorian secondary schools.
- Bianca Forrester: Young people’s perception of safety in youth-serving organisations is related to their sense of control, and sense of belonging.

#### Mental Health and Resilience

- Jane Ho: Australia’s new national digital health strategy: Building bridges of trust
- Claire Masula: Supporting healthcare delivery to Indigenous children and adolescents.
- Kim Jose: Building bridges of trust – The role of nutrition for resilient adolescents in the SEARCH study
- Jane Gauci: Supporting healthcare delivery to Indigenous children and adolescents: Nutrition and healthy eating initiatives

#### Sexual and Reproductive Health

- Kypros Kyprianou: Building bridges of trust
- Alexandra Rushworth: Adolescents with a chronic illness?
- Sarah Field: Understanding the facilitators and barriers to primary health care for Indigenous children and adolescents: a systematic review
- Jane Gauci: Understanding the facilitators and barriers to primary health care for Indigenous children and adolescents: a systematic review
- Jane Ho: Australia’s new national digital health strategy: Building bridges of trust

#### Other Topics

- Summer May Finlay: Building bridges of trust
- Helen Hocking: Understanding the facilitators and barriers to primary health care for Indigenous children and adolescents: a systematic review
- Karen Menzies: Adolescent Health and Wellbeing: Building bridges of trust
- Penny A Dumigan: Abbotsford Children’s Home - Student support model

#### Oral Poster Session

- 9:00 - 11:00 AM
- 11:15 - 12:15 PM
- 12:30 - 1:30 PM

#### Youth Forum

- 11.00 - 11.45 AM
- 11.30 - 12.00 PM
- 12.15 - 12.45 PM
- 1.30 - 2.00 PM
- 2.15 - 2.45 PM
- 3.00 - 3.30 PM
- 3.45 - 4.15 PM
- 4.30 - 5.00 PM
Oral Presentations

**Michelle Raggatt:**
90 minute symposium
Sexual and Reproductive Health

**Nina NR Raymundo:**
90 minute symposium

**Jana K Ventura:**
90 minute symposium

**Stanya Sharota:**
11.45am - 12.00pm
Support Harry Brown
adolescents
mental health problems amongst Indonesian and don't know the Pacific Island Countries and Territories: what we do
adolescent health needs in Myanmar.

**Karly Cini:**
Youth in Transition

**Shaun D’Souza:**
Responding to child abuse and neglect in primary care

**Jacqueline Kuruppu:**
Survey of Australian University students on issues of gender and sexuality and don't know about autism spectrum disorders

**Ann-Maree Duncan:**
Matching action to need: An analysis of Mental Health and Resilience
Establishing the population prevalence of Substance use among young people in Australia

**Megan Lim:**
Youth Friendly Checklist for Young People.

**Freya Conomos:**
LiveLab: The development of a youth leadership program supporting the Livewire+ POSTER VIEWING WITH AUTHORS 12.45 - 1.15PM

**Renae Kirkham:**
Let's Chatbot About Sex: Conversational marketing in sexual health promotion

**Alice Zhang:**
Evaluation Of A Co-Designed Sexual Health And Pornography Literacy Digital Resource For Vulnerable Young People

**Elissa Phillips:**
Ask for Health- improving health literacy for young people through using youth participatory action research

**Sophie GE Kezidor:**
What factors influence mental health service use and unmet need: results of the GHET (Growth, Resilience, Insights, Thrive) pilot study

**Tatjana Ewais:**
The time is now: structural reform for better mental health for generations to come

**Isabelle Langley:**
'The Age of Adolescence'

**Susan Sawyer:**
Health and Law Partnerships in Youth with Chronic Illness

**Stuart Kinner:**
Embracing the future: Engaging parents and carers in improving puberty, resilience, Identity, Labels and Pride - Resilience, Identity, Labels and Pride - Re-strengthening resilience in young migrants through cultural arts, reflection and wellbeing of Aboriginal and Torres Strait Islander youth.

**Peter Clipstone:**
Youth Friendly Checklist for Young People.

**Islander adolescents responsive primary health care: Adapting WHO practice guide for improving the social and emotional wellbeing of Aboriginal and Torres Strait Islander youth.

**Ben Christie:**
Youth Friendly Checklist for Young People.

**Melissa Willoughby:**
Deepthi Iyer:
Australian young women's perceptions of dating and dating violence

**Emma M Heard:**
GRIT (Growth, Resilience, Insights, Thrive) pilot study

**Hannah Mayr:**
Multidisciplinary lifestyle intervention in children and adolescents - results of the ARCHER longitudinal adolescent cohort study

**Hoi Lun (Helen) Cheng:**
Deepthi Iyer: Australian young women's perceptions of dating and dating violence

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