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## The Visual Preview

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# Preview Considerations



- **The Look :**

- **The Demo Side :**

The side used for the visual preview depends on:

- ///the type of move,
- ///its beat count,
- ///direction of travel,
- ///the amount of times the move needs to be previewed (due to complexity and class level,) and most importantly,
- ///the side that the class will lead on.

# One - to - One

Example 1. Tap side previewing a Knee Lift

<b>BEATS</b>		1	2	3	4	5	6	7	8
<b>CLASS</b>	TS	(R)		(L)		(R)		(L)	
<b>INSTRUCTOR</b>	TS	(L)		(R)		(L)	KL	(R)	



# One - to - One

## Drills

- **Heel Dig into Tap Side into Knee Up into Kick Back**
  - Instructor (7 Heel Digs, 8 Tap side, 8 Knee Ups, 8 Kickbacks)
  - (Partner 8 of each)
  
- **March into Easy Walk into Grapevine into Step 2 Heels**
  - Instructor (3 March, 4 Easy Walks, 4 Grapevines, 4 Step 2 Heels)
  - (Partner 4 of each)

# One - to - Two

- Substituted a FOUR beat move with two TWO beat moves. (Becomes One-to-One )

Example 2. Easy Walk previewing single Knee Lifts

BEATS	1	2	3	4	5	6	7	8
CLASS	EW (R)	(L)	(R)	(L)	(R)	(L)	(R)	(L)
INSTRUCTOR	EW (L)	(R)	(L)	(R)	KNEE(L)		(R)	

Example 3. Easy Walk previewing double Knee Lifts

BEATS	1	2	3	4	5	6	7	8
CLASS	EW (R)	(L)	(R)	(L)	(R)	(L)	(R)	(L)
INSTRUCTOR	EW (L)	(R)	(L)	(R)	KNEE(R)		(R)	

# One - to - Two

## Drills

- **Easy Walk into Heel Dig**
  - Instructor ( 3 Easy Walks, 10 Heel Digs)
  - (Partner 4 Easy Walks, 8 Heel Digs)
  
- **Easy Walk into Double Knee**
  - Instructor (3 Easy Walks, 5 Double Knees)
  - (Partner 4 of each)
  
- **March into Side Tap or Double Side Tap**

# One - to - Two

- Cut the FOUR beat move in half and include the TWO beat move.

Example 4. Easy Walk previewing a single Knee Lift

<b>BEATS</b>	1	2	3	4	5	6	7	8
<b>CLASS</b>	EW (R)	(L)	(R)	(L)	(R)	(L)	(R)	(L)
<b>INSTRUCTOR</b>	EW (L)	(R)	(L)	(R)	EW (L)	(R)	KNEE(R)	

# One - to - Two

## Drills

### □ **Easy Walk into Heel Dig**

- Instructor ( 3 1/2 Easy Walks, 9 Heel Digs)
  - (Partner 4 Easy Walks, 8 Heel Digs)

### □ **Grapevine into Tap Side**

- Instructor (3 1/2 Grapevines, 9 Side Taps)
  - (Partner 4 Grapevines, 8 Tap Sides)



# Two - to - One

Example 5.

<b>BEATS</b>		1	2	3	4		5	6	7	8
<b>CLASS</b>	FK	(R)		(L)			(R)		(L)	
<b>INSTRUCTOR</b>	FK	(L)		(R)		EW	(L)	(R)	(L)	(R)

# Two - to - One

## Drills

### □ Heel Dig into Easy Walk

- Instructor ( 6 Heel Digs, 5 Easy Walks)
- (Partner 8 Heel Digs, 4 Easy Walks)

### □ Step Heel into Double Step Touch

- Instructor (6 Step Heels, 5 Double Step Touches)
- (Partner 8 Step Heels, 4 Double Step Touches )