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The Visual Preview

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Preview Considerations



- **The Look :**

- **The Demo Side :**

The side used for the visual preview depends on:

- ///the type of move,
- ///its beat count,
- ///direction of travel,
- ///the amount of times the move needs to be previewed (due to complexity and class level,) and most importantly,
- ///the side that the class will lead on.

One - to - One

Example 1. Tap side previewing a Knee Lift

BEATS		1	2	3	4	5	6	7	8
CLASS	TS	(R)		(L)		(R)		(L)	
INSTRUCTOR	TS	(L)		(R)		(L)	KL	(R)	



One - to - One

Drills

- **Heel Dig into Tap Side into Knee Up into Kick Back**
 - Instructor (7 Heel Digs, 8 Tap side, 8 Knee Ups, 8 Kickbacks)
 - (Partner 8 of each)

- **March into Easy Walk into Grapevine into Step 2 Heels**
 - Instructor (3 March, 4 Easy Walks, 4 Grapevines, 4 Step 2 Heels)
 - (Partner 4 of each)

One - to - Two

- Substituted a FOUR beat move with two TWO beat moves. (Becomes One-to-One)

Example 2. Easy Walk previewing single Knee Lifts

BEATS	1	2	3	4	5	6	7	8
CLASS	EW (R)	(L)	(R)	(L)	(R)	(L)	(R)	(L)
INSTRUCTOR	EW (L)	(R)	(L)	(R)	KNEE(L)		(R)	

Example 3. Easy Walk previewing double Knee Lifts

BEATS	1	2	3	4	5	6	7	8
CLASS	EW (R)	(L)	(R)	(L)	(R)	(L)	(R)	(L)
INSTRUCTOR	EW (L)	(R)	(L)	(R)	KNEE(R)		(R)	

One - to - Two

Drills

- **Easy Walk into Heel Dig**
 - Instructor (3 Easy Walks, 10 Heel Digs)
 - (Partner 4 Easy Walks, 8 Heel Digs)

- **Easy Walk into Double Knee**
 - Instructor (3 Easy Walks, 5 Double Knees)
 - (Partner 4 of each)

- **March into Side Tap or Double Side Tap**

One - to - Two

- Cut the FOUR beat move in half and include the TWO beat move.

Example 4. Easy Walk previewing a single Knee Lift

BEATS	1	2	3	4	5	6	7	8
CLASS	EW (R)	(L)	(R)	(L)	(R)	(L)	(R)	(L)
INSTRUCTOR	EW (L)	(R)	(L)	(R)	EW (L)	(R)	KNEE(R)	

One - to - Two

Drills

□ **Easy Walk into Heel Dig**

- Instructor (3 1/2 Easy Walks, 9 Heel Digs)
 - (Partner 4 Easy Walks, 8 Heel Digs)

□ **Grapevine into Tap Side**

- Instructor (3 1/2 Grapevines, 9 Side Taps)
 - (Partner 4 Grapevines, 8 Tap Sides)

Two - to - One

Example 5.

BEATS		1	2	3	4		5	6	7	8
CLASS	FK	(R)		(L)			(R)		(L)	
INSTRUCTOR	FK	(L)		(R)		EW	(L)	(R)	(L)	(R)

Two - to - One

Drills

□ Heel Dig into Easy Walk

- Instructor (6 Heel Digs, 5 Easy Walks)
- (Partner 8 Heel Digs, 4 Easy Walks)

□ Step Heel into Double Step Touch

- Instructor (6 Step Heels, 5 Double Step Touches)
- (Partner 8 Step Heels, 4 Double Step Touches)