Systematic review of the effects of exercise and nutrition interventions on body composition in women with metastatic breast cancer
Innerarity, Celia; Kelly, Jaimon T; Van der Meij, Barbara S

Published: 01/01/2018

Recommended citation (APA):
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Welcome to Baxter Professional

Baxter Professional is an online information portal specifically designed for you as busy Healthcare Professionals.

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Welcome to the 44th AuSPEN Annual Scientific Meeting.

With the theme of “Building the Bridge – Building excellence in clinical nutrition”, the meeting will focus on building a bridge between evidence and practice, incorporating patient-reported outcomes.

The conference program will feature concurrent workshops on the Thursday, including ESPEN LLL courses, a Communications Workshop and a Paediatric Workshop. Friday and Saturday will feature plenary sessions and symposia on a wide range of nutrition support and clinical nutrition topics including Inflammatory Bowel Disease, ICU, intestinal failure and oncology/bone marrow transplant, a great debate, ‘Hot Topics’ and more! There will also be free oral abstract presentations and poster displays.

Socially speaking, we have a great gala event on the Friday evening with a boat cruise on Sydney Harbour – if you still would like to book a ticket, please see Conference HQ to check availability.

We hope you all enjoy our new conference App which has all the latest features including an exhibition passport where you can visit our valued sponsors and go into the draw to win some great prizes.

Please enjoy your time with us at AuSPEN 2018 and take advantage of the great networking opportunities as well.

Warm regards

Sophie Hogan and Sharon Carey
- Co-Chairs LOC, AuSPEN 2018.

THE HISTORY OF AU SPEN

AuSPEN is the oldest parenteral nutrition society in the world. The Australasian Society for Parenteral Nutrition (AuSPEN) was founded in 1973 in Melbourne. It was initially set up by surgeons, intensivists, physicians, chemical pathologists, microbiologists and pharmacists. Professor Bob McMahon, a paediatric surgeon from Queen Victoria Hospital in Melbourne, was the first AuSPEN President.

In 1980 AuSPEN expanded the Society name to include enteral nutrition and became The Australasian Society of Parenteral and Enteral Nutrition (AuSPEN). AuSPEN also broadened the scope of its membership to include New Zealand. At this time, the main focus of the Society was the nutrition care of inpatients, however as outpatient needs have grown, the focus of the Society has shifted to encompass both acute and outpatient care.

Since the 1980s, AuSPEN has continued to expand and membership has increased exponentially. AuSPEN’s core membership includes many different health professionals including Gastroenterologists, Surgeons, Intensivists, Dietitians, Pharmacists, Nurses, Researchers with a clinical nutrition focus, and students. AuSPEN’s current president is Ibolya Nyulasi, an Associate-Professor and Manager of Dietetics Department from Alfred Health.

Today, AuSPEN’s purpose remains to be the leading professional society for a multidisciplinary approach to clinical nutrition, promoting high standards in the practice of parenteral and enteral nutrition for both inpatients and outpatients.
THANK YOU TO OUR SPONSORS

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The Metabolic Company

Shire

Cardinal Health

SUPPORTING

PNDU

Parenteral Nutrition Down Under

DAA

Dietitians Association of Australia
<table>
<thead>
<tr>
<th>Time</th>
<th>ESPEN LLL Course 1</th>
<th>Ballroom 1</th>
<th>Paeds Symposium</th>
<th>Hyde Park Room</th>
<th>Communication 1 Workshop</th>
<th>Philip Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>0830 - 0835</td>
<td>Nutrition in Older Adults</td>
<td>Ballroom 1</td>
<td>0830 - 0835</td>
<td>Introduction to Session</td>
<td>- Julia Fox</td>
<td>Communicating Your Way Through the Multidisciplinary System to Achieve the Best Results for Your Patients.</td>
</tr>
<tr>
<td>0835 - 0915</td>
<td>Module 1. Epidemiology, Aetiology and Consequences of Malnutrition in Older Adults</td>
<td>Ballroom 1</td>
<td>0835 - 0915</td>
<td>The Gut Microbiome – Something for Everyone</td>
<td>- Dr Keith Ooi</td>
<td>This workshop aims to build the bridge between disciplines to improve patient care. There are many challenges when trying to work with other disciplines in the healthcare system. Understanding communication barriers and how to overcome them is integral to achieving evidence-based practice. This workshop will consist of case studies, presentations and discussions around common barriers and enablers to improve multidisciplinary team practice whilst integrating evidence.</td>
</tr>
<tr>
<td>0915 - 0940</td>
<td>Module 2. Nutritional Screening, Assessment and Diagnosis Dietary Advice and Oral Nutritional Supplements in Older Adults</td>
<td>Ballroom 1</td>
<td>0915 - 0940</td>
<td>Use of a Decision Aid to Help Decision Making for Nutrition Support in the Paediatric Setting</td>
<td>- Dr Jennifer Cohen</td>
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</tr>
<tr>
<td>0940 - 1005</td>
<td></td>
<td>Ballroom 1</td>
<td>0940 - 1005</td>
<td>Validation of Nutrition Rescreening Questions for Paediatric Inpatients</td>
<td>- Melinda Thomas</td>
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</tr>
<tr>
<td>1005 - 1030</td>
<td>Morning-tea Break (1030 - 1115)</td>
<td>Ballroom 1 Foyer</td>
<td>1005 - 1030</td>
<td>Nutrition in the Peri-transplant Period in Children</td>
<td>- Dr Boutaina Zemrani</td>
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</tr>
<tr>
<td>1115 - 1135</td>
<td>Module 3. Artificial Nutrition in Older Adults</td>
<td>Ballroom 1</td>
<td>1115 - 1135</td>
<td>Eosinophilic Esophagitis – a Paediatric Population Study</td>
<td>- Deidre Burgess</td>
<td>Communication 1 Workshop continued...</td>
</tr>
<tr>
<td>1135 - 1200</td>
<td>Module 4. Age-related Sarcopenia</td>
<td>Ballroom 1</td>
<td>1135 - 1200</td>
<td>A Retrospective Audit of Dietetic Practice in Preterm Infants Born Less than 33 Weeks</td>
<td>- Yvette Anscombe</td>
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<tr>
<td>1200 - 1230</td>
<td></td>
<td>Ballroom 1</td>
<td>1200 - 1230</td>
<td>Development of a System-wide, Integrated Framework to Manage Paediatric Overweight and Obesity</td>
<td>- Ayala Rogany</td>
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<tr>
<td>1230 - 1330</td>
<td>Lunch Break (1230 - 1330)</td>
<td>Ballroom 1 Foyer</td>
<td>1230 - 1330</td>
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</tbody>
</table>
### Thursday 29 November

**PRE-CONFERENCE WORKSHOPS & ESPEN LLL COURSE CONTINUED...**

<table>
<thead>
<tr>
<th><strong>AFTERNOON SESSION</strong> 1330 - 1730</th>
<th><strong>Ballroom 1</strong></th>
<th><strong>Hyde Park Room</strong></th>
<th><strong>Communication 2 Workshop</strong></th>
<th><strong>Philip Room</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>ESPEN LLL Course 2</td>
<td>Beginners Workshop</td>
<td>Hyde Park Room</td>
<td>Communication 2 Workshop</td>
<td>Philip Room</td>
</tr>
<tr>
<td>Approaches to Parenteral Nutrition</td>
<td>Refine Your Skills - Calculating Nutritional Requirements for Acute Care Patients</td>
<td>Transform Yourself into the Leader You've Always Wanted to Be</td>
<td>- Dr Maree Ferguson</td>
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<tr>
<td><strong>Facilitator:</strong> Dr Susannah King</td>
<td>- Dr Suzie Ferrie, Dr Emma Ridley, Nicola Riley and Caroline Nicholls</td>
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<td><strong>Speaker:</strong> Prof Alessandro Laviano</td>
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<td><strong>Module 1.</strong></td>
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<tr>
<td>Indications and Contraindications for Parenteral Nutrition</td>
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<tr>
<td><strong>Module 2.</strong></td>
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<tr>
<td>Techniques of Parenteral Nutrition</td>
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<tr>
<td><strong>Afternoon-tea Break (1530 - 1600)</strong></td>
<td><strong>Ballroom 1 Foyer</strong></td>
<td><strong>Afternoon-tea Break (1530 - 1600)</strong></td>
<td><strong>Ballroom 1 Foyer</strong></td>
<td><strong>Ballroom 1 Foyer</strong></td>
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<tr>
<td><strong>Module 3.</strong></td>
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<tr>
<td>Compounding and Ready-to-use Preparation of Parenteral Nutrition: Pharmaceutical Aspects. Compatibility and Stability Consideration; Drug Admixing</td>
<td>Beginners Workshop continued...</td>
<td>Communication 2 Workshop continued...</td>
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<tr>
<td><strong>Module 4.</strong></td>
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<td>Monitoring and Complications of Parenteral Nutrition</td>
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<tr>
<td><strong>1730 - 1830 AGM</strong></td>
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<tr>
<td>The President invites all members to attend and participate in discussion</td>
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</tbody>
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**Please bring a calculator and whatever resources (handbook, equations, workplace cheatsheet etc) that you would normally use to estimate your patients' requirements in your everyday work.**
## FRIDAY 30 November

**MAIN CONFERENCE: AuSPEN 2018 - Building the Bridge**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>0700 - 0815</td>
<td>Baxter Breakfast Symposium</td>
<td>Hyde Park Room</td>
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<tr>
<td>0830 - 0845</td>
<td>President’s Welcome - A/Prof Ibolya Nyulasí</td>
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<tr>
<td>0845 - 1030</td>
<td>Plenary Session 1: The Bridge Between Evidence and Practice</td>
<td>Ballroom 1</td>
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<tr>
<td></td>
<td>Chair: Prof Liz Isenring</td>
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<tr>
<td>0845 - 0930</td>
<td>Moving Towards Best Practice in Oncology - Prof Alessandro Laviano</td>
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<tr>
<td>0930 - 1015</td>
<td>Using Patient Reported Outcomes - Quality of Life in Home Parenteral Nutrition - Dr Marion Winkler</td>
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<tr>
<td>1015 - 1030</td>
<td>On the Couch - Prof Alessandro Laviano and Dr Marion Winkler</td>
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<tr>
<td>1030 - 1115</td>
<td>Morning-tea Break</td>
<td>Exhibition Area</td>
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<tr>
<td>1115 - 1230</td>
<td>Plenary Session 2: Optimising the Patient Experience</td>
<td>Ballroom 1</td>
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<td></td>
<td>Chair: Kate Fetterplace</td>
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<tr>
<td>1115 - 1130</td>
<td>Patient Experience: Me and TPN - Yasir Ali Khan</td>
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<tr>
<td>1130 - 1200</td>
<td>Revolutionising Patient Care - Prof Kate White</td>
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<td>1200 - 1230</td>
<td>Optimising Cancer Care Pathways: Responding to Unmet Needs - Dr Ash Malalasekera</td>
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<tr>
<td>1230 - 1345</td>
<td>Lunch Break &amp; Poster Tour Presentations</td>
<td>Exhibition + Poster Display Area</td>
</tr>
<tr>
<td>1345 - 1530</td>
<td>Abstract Oral Presentations - ICU, Post-op</td>
<td>Ballroom 1</td>
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<tr>
<td></td>
<td>Chairs: Dr Russell Canavan, Lee-anne Chapple</td>
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<td></td>
<td>Whole-Gut Permeability is Increased in Critically Mechanically Ventilated Adults in Comparison to Healthy Participants - Oana Tatucu-Babet</td>
<td>Hyde Park Room</td>
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<tr>
<td></td>
<td>The Impact of Removing Gastric Residual Volume Monitoring and Enteral Nutrition Rate Titration in Adults Receiving Mechanical Ventilation - Alicia Wiese</td>
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<td></td>
<td>Diabetes-Specific Formulae Reduce Insulin Requirements and Glycaemic Variability in Critically Ill Patients: A Randomised Controlled Trial - Ra'eesa Doola</td>
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<td>Prevalence and Impact of Overfeeding in Long Term Intensive Care Patients - Kate Hamilton</td>
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<td>Designing a Perioperative Nutrition Care Service - Alexandra Fuller</td>
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<td>Feasibility of Home Jejunal Feeding Following Discharge After Major Gastrointestinal Surgery - A Randomised Controlled Trial - Sharon Carey</td>
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<td>Quality of Life and Nutritional Status in Patients Receiving Home Parenteral Nutrition: A Single Centre Cohort Study - Emma Bidgood</td>
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<td></td>
<td>Parenteral Nutrition Outcomes of Acute Elderly General Surgical Patients - Briar McLeod</td>
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<td></td>
<td>Nutritional Support in Chronic Obstructive Pulmonary Disease (COPD): A Randomised Trial - Valerie Conway</td>
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</tbody>
</table>

*Friday continued next page*
### FRIDAY 30 November continued...

**MAIN CONFERENCE: AuSPEN 2018 - Building the Bridge**

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1345 - 1530</td>
<td><strong>Abstract Presentations 1 CONTINUED</strong>... &lt;br&gt; Chairs: Dr Russell Canavan, Lee-anne Chapple</td>
<td>Ballroom 1</td>
</tr>
<tr>
<td></td>
<td>An Observational Study of Feeding Practice in Ventilated Patients with Spinal Cord Injury - <em>Charlotte Rowan</em></td>
<td></td>
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<tr>
<td></td>
<td>Barriers and Enablers for Surgeons to Implement Evidence Based Postoperative Feeding Practices After Pelvic Exenteration Surgery: A Qualitative Study - <em>Sophie Hogan</em></td>
<td></td>
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<tr>
<td></td>
<td>How do Patients Initiated on Parenteral Nutrition in the Intensive Care Unit Compare with those on the Ward? - <em>James Williams</em></td>
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<td></td>
<td>Does Infusion Time Affect the Retention of Parenteral Micronutrients? - <em>Suzie Ferrie</em></td>
<td></td>
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<tr>
<td>1530 - 1600</td>
<td><strong>Afternoon-tea Break</strong></td>
<td>Exhibition Area</td>
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<tr>
<td>1600 - 1730</td>
<td><strong>The Great Debate:</strong> Evidence Based Practice Is Achievable &lt;br&gt; <em>Moderator: Prof Liz Isenring</em> &lt;br&gt; Affirmative: Dr Helen Evans, Dr Suzie Ferrie &amp; Prof Alessandro Laviano &lt;br&gt; Negative: Dr Russell Canavan, Dr Kelly Lambert &amp; A/Prof Cherry Koh</td>
<td>Ballroom 1</td>
</tr>
<tr>
<td>1600 - 1730</td>
<td>Join us and watch the experts debate whether Evidence Based Practice is Achievable. The affirmative team will support the concept that Evidence Based Practice is achievable in our everyday practice. The negative team will argue this is not achievable and we should be striving for Best Available Evidence. This lighthearted debate will take place before the Dinner Boat Cruise on Sydney Harbour, so don’t miss out.</td>
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</tr>
<tr>
<td>1845 - 2200</td>
<td><strong>Dinner Boat Cruise</strong> &lt;br&gt; 3-hour Cruise of Sydney Harbour &lt;br&gt; Pier 26, Darling Harbour &lt;br&gt; <em>Bus departs from Sheraton at 6.30pm sharp. Boat departs at 7pm</em></td>
<td>Pier 26, Darling Harbour</td>
</tr>
</tbody>
</table>

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**1345 - 1530 Abstract Presentations 1 CONTINUED...**

- Chairs: Dr Russell Canavan, Lee-anne Chapple

**Hyde Park Room**

- Characterising Myopenia And Myosteatosis In Oesophagogastric Cancer Surgery - *Lisa Murnane*
- To Eat is to Practice - Everyday Challenges of Head and Neck Cancer Survivors - *Marianne Boll-Kristensen*
# Saturday 1 December

## MAIN CONFERENCE: AuSPEN 2018 - Building the Bridge

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>0700 - 0815</td>
<td>Fresenius Kabi Breakfast Symposium</td>
<td>Hyde Park Room</td>
</tr>
<tr>
<td>0830 - 1000</td>
<td>ICU Session</td>
<td>Ballroom 1</td>
</tr>
<tr>
<td>0830 - 0845</td>
<td>Chair: Lee-anne Chapple</td>
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<tr>
<td>0830 - 0900</td>
<td>Patient Reported Outcome Measures in ICU - Dr Selina Parry</td>
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<tr>
<td>0900 - 0915</td>
<td>Targeted full Energy and Protein Delivery in Critically Ill Adults;</td>
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<td></td>
<td>A Pilot Randomised controlled trial (FEED trial) - Kate Fetterplace</td>
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<tr>
<td>0915 - 1000</td>
<td>Nourishing our Non-invasively Ventilated Critically Ill Patients</td>
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<td></td>
<td>- Dr Rosalie Yandell</td>
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<tr>
<td>0930 - 1000</td>
<td>The Augmented Versus Routine Approach to Giving Energy Trial (TARGET)</td>
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<td></td>
<td>- Prof Sandra Peake</td>
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<tr>
<td>1000 - 1030</td>
<td>Morning-tea Break</td>
<td>Exhibition Area</td>
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<tr>
<td>1030 - 1200</td>
<td>Intestinal Failure Session</td>
<td>Ballroom 1</td>
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<tr>
<td>1030 - 1045</td>
<td>Chair: Sharon Carey</td>
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<tr>
<td>1030 - 1045</td>
<td>“I Live with a Drip” Home Parenteral Nutrition – a Carer’s Perspective</td>
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<td></td>
<td>- Chris Walker</td>
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<tr>
<td>1045 - 1105</td>
<td>The Quality of Life of Carers of Patients on HPN - A Cross Sectional</td>
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<td></td>
<td>Study - A/Prof Cherry Koh</td>
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<tr>
<td>1105 - 1140</td>
<td>Managing Intestinal Fistulae - Dr Marion Winkler</td>
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<tr>
<td>1140 - 1200</td>
<td>The New Zealand National Intestinal Failure Service: Trials and</td>
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<td></td>
<td>Tribulations - Dr Helen Evans</td>
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<tr>
<td>1200 - 1245</td>
<td>Lunch Break</td>
<td>Exhibition Area</td>
</tr>
<tr>
<td>1245 - 1440</td>
<td>Walking the Bridge – Making Nutrition Support Patient Focused</td>
<td>Ballroom 1</td>
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<tr>
<td>1245 - 1255</td>
<td>Chair: Dr Russell Canavan</td>
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<tr>
<td>1255 - 1330</td>
<td>Presentation of Awards - A/Prof Ibolya Nyulasli</td>
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<tr>
<td>1330 - 1410</td>
<td>3 Steps for Making Patient Education Truly Patient Centred – Dr Kelly</td>
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<td></td>
<td>Lambert</td>
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<tr>
<td>1410 - 1440</td>
<td>Engaging Consumer Groups – Dr Marion Winkler</td>
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</tbody>
</table>

*Saturday continued next page*
1440 - 1600 Hot Topics of the Day  
Chair: A/Prof Ibolya Nyulasi  

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1440 - 1500</td>
<td>Hot Topics – Home Enteral Nutrition, Where to From Here - Peter Talbot and Liz Parker</td>
<td>Ballroom 1</td>
</tr>
<tr>
<td>1500 - 1520</td>
<td>Hot Topics – Home Enteral Nutrition in Palliative Care - Prof Alessandro Laviano</td>
<td>Ballroom 1</td>
</tr>
<tr>
<td>1520 - 1550</td>
<td>Hot Topics – Barriers to Home Parenteral Nutrition in Palliative Care in the Australasian Setting - Prof David Russell</td>
<td>Ballroom 1</td>
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<tr>
<td>1550 - 1600</td>
<td>Closing Remarks and Awards - A/Prof Ibolya Nyulasi</td>
<td>Ballroom 1</td>
</tr>
<tr>
<td>1600 - 1630</td>
<td>Networking Drinks and Canapés - Stay on for a glass of bubbles to celebrate AuSPEN 2018...</td>
<td>Ballroom 1</td>
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</tbody>
</table>

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**GALA DINNER BOAT CRUISE**

The AuSPEN 2018 Gala Event will be a dinner cruise on Sydney Harbour onboard the Matilda III.

The cruise is a fantastic opportunity to relax and network in a fun and friendly atmosphere whilst you soak in the iconic views of Sydney Harbour!

**DATE / TIMING**
7pm - 10pm Friday 30 November

**DEPARTURE DETAILS**
6.30pm Bus from Sheraton to Boat
Arrive at Dock at 6.45pm
Cruise departs Pier 26, Darling Harbour

**RETURN DETAILS**
Disembark at Pier 26, Darling Harbour at 10pm

**INCLUDES**
- Canapés on arrival
- Buffet dinner
- Beverages including beer, wine and soft drinks
- Dessert, tea & coffee
- Transfers to and from the Sheraton Hotel

**TICKETS**
$110 per person

*Tickets my still be available.*

Please see the onsite Registration HQ desk to check availability.
Fresenius Kabi Australia offers parenteral nutrition, enteral nutrition, as well as nutrition pumps and infusion consumables.

With our corporate philosophy of "caring for life", we are committed to putting essential medicines and technologies in the hands of people who help patients and finding the best solutions to the challenges they face.

www.fresubin.com.au
www.fresenius-kabi.com.au