The Physiological Impact of Stress on Performance in Tactical Populations: A Critical Review
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This research shows that performance in tactical populations can be influenced by stress. Tactical personnel should be aware of the impact occupational stresses have on their performance as well as the physiological changes their body undergoes in the line of duty. Due to the limited amount of evidence and variability of outcome measures used in the included studies, future studies should use identical outcome measures to increase the level of evidence and ability to draw conclusions.

References