

Master Class on Cancer Cachexia

A multidisciplinary professional event at Bond University
Cecil and Ida Green University Club, Bond University, Gold Coast
9am – 4.30pm; Friday 16th June 2017

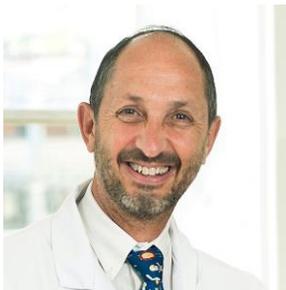


You are cordially invited to attend a full day multidisciplinary Master Class on Cancer Cachexia, to be held at Bond University on the Gold Coast. This fully catered event will include presentations on the latest research, novel models of care, knowledge translation and implementation science, and panel discussions from local and international leaders in cancer cachexia research and practice. Guests are also invited to propose case-studies, which will be addressed by delegates in a world café style workshop, with discussions supported by an expert panel. For the full program, see below.

Who should attend?

Oncologists, GPs, Nurses, Pharmacists, Allied Health and Social Care Professionals, Educators, Managers and Clinical Researchers.

Key Speakers



Dr. Martin Chasen is currently the Medical Director of Palliative Care, at William Osler Health System in Brampton, Canada . He is a founding member of the palliative care working group European Society of Medical Oncology and faculty member of ESMO education. In 2013, Dr. Chasen and the team at Ottawa Hospital cancer centre achieved ESMO Designated Centre of Integrated Oncology and Palliative care. He currently holds professorships at the Universities of Toronto, McMaster, Ottawa and McGill. He recently received the Elizabeth J Latimer Prize in Palliative Care from Mc Master University.

He has in excess of 100 peer reviewed publications, abstracts and book chapters. Dr. Chasen is the principle investigator of CIHR (Canadian Institutes of Health Research). This MENAC (The Multimodal Exercise/Nutrition/Anti-inflammatory treatment for Cachexia), trial will investigate the addition of the multimodal intervention for patients receiving standard chemotherapy for metastatic cancer. He was also one of the chief investigators for the initial clinical trials on the use of Rolapitant-a novel NK1 inhibitor in the treatment of chemotherapy induced nausea and vomiting. Dr Chasen was the Regional Palliative care physician lead for Palliative Care- Champlain LHIN from 2009-2015 and is presently the Medical co-lead for the Palliative Care Network in the Central West LHIN.



Professor Liz Isenring is an advanced accredited practising dietitian (AdvAPD) passionate about improving the nutritional care and quality of life of patients with cancer. Professor Isenring is the program lead for the Master of Nutrition and Dietetics Practice program at Bond University, Australia. She is Chair of the international Nutrition and Cachexia Study Group (Multinational Association for Supportive Care in Cancer) and research chair of AuSPEN (Australasian Society for Enteral and Parenteral Nutrition).





Prof. Susan Brandis is a highly experienced health administrator, practitioner and researcher, Professor Susan Brandis is head of Bond University's new Occupational Therapy program. During a 37-year career, she has held high profile positions including Manager of the National Falls Prevention Project for the Commonwealth and Executive Director of Allied Health at Gold Coast Health.

She has also worked in various roles in both the public and non-government sectors including Director of Occupational Therapy; Director of Allied Health, Geriatric and Rehabilitation Services; and Executive Officer Medical Aids Subsidy Scheme, and has been an adjunct lecturer at various universities in Queensland over almost two decades. Her clinical interests include aged care, rehabilitation and palliative care, and she is involved in research projects looking at patient safety and quality, organisational culture and patient outcomes.



A/Prof Andrew Broadbent is the Medical Director of the Supportive and Specialist Palliative Services at Gold Coast Health. He moved in 2016 to the Gold Coast from Sydney where he was the Head of the Palliative Care service at Royal North Shore Hospital and Medical Director of the Hammondcare service in Northern Sydney for 10 years. His interests include integrating education from student level through to post-graduate level for general practitioners and other specialists. He has actively encouraged the expansion of the federally funded PEPA program in the Gold Coast, and has also driven expansion of register training terms and education programs.



Merran Findlay is the Executive Research Lead - Cancer Nutrition and Oncology Specialist Dietitian across the Royal Prince Alfred Hospital-Chris O'Brien Lifehouse partnership. An Advanced Accredited Practising Dietitian, in 2015 she was awarded a prestigious National Health and Medical Research Council Translating Research Into Practice Fellowship to implement an innovative model of nutrition care for patients with head and neck cancer. Specialising in nutrition support of people with cancer, Merran has become known in the field through a successful international sabbatical to centres of excellence and contribution to development of clinical guidelines for nutrition management in head and neck cancer, Enhanced Recovery After Surgery (ERAS), radiotherapy and chemotherapy and cancer wellness. Her research interests include the impact of nutritional status and nutrition intervention on clinical, cost and patient-centred outcomes, innovative models of care and use of information technology to support translation of evidence into practice and she has been successful in more than \$950K in competitive funding to support this work.



A/Prof. Justin Keogh is an exercise scientist whose research focuses on better understanding the acute and chronic responses to resistance training; with the ultimate aim to improve physical performance for athletes as well as older adults (including cancer patients and survivors) at risk of disability and poor health outcomes. A recent focus has been on the geriatric syndrome of sarcopenia, defined as a progressive loss of muscle mass, muscular strength and physical performance. This sarcopenic research focuses on older adults living in, or at risk of entry into residential aged care; as well as older adults with essential tremor, osteoarthritis or cancer (especially prostate). Much of his current cancer research examines the determinants of physical activity and exercise from both the patient and health professional perspective. He is an Associate editor or editorial board member of multiple journals including the Journal of Cancer Survivorship and Oncology Nursing Forum.



Dr Barbara van der Meij works as a conjoint senior research dietitian at Mater Health Services, Brisbane and Bond University, Gold Coast. She performed a PhD-study in Amsterdam, the Netherlands, studying effects of omega-3 polyunsaturated fatty acids on clinical parameters in patients with cancer. Her current research is focused on protein metabolism and body composition in cancer and geriatrics, and the effectiveness of nutritional strategies (either or not combined with physical exercise interventions) on muscle mass, quality of life and clinical outcomes.

Program

An overview of the current evidence base regarding the assessment and management of cancer cachexia – Dr Martin Chasen

Bond University cancer rehabilitation services and research – Prof. Liz Isenring

Muscle & fuel – Dr Martin Chasen

Models of care for occupational therapy in cancer cachexia – Prof. Susan Brandis

The anabolic potential in patients with cancer – Dr Barbara van der Meij

Australian palliative care experience – A/Prof Andrew Broadbent

Medical and novel approaches to treating cachexia – Dr Martin Chasen

Exercise rehabilitation in patients with cancer – A/Prof. Justin Keogh

Trials and triumphs of translation: Tips and tricks for overcoming barriers to implementing best practice cancer nutrition care – Merran Findlay, AvdAPD

World café workshop: Clinical case studies – Panel discussions facilitated by Dr Martin Chasen

Q&A – Panel facilitated by Prof. Liz Isenring

Registration

Registrations are open until Friday 9th June at midnight. Tickets are \$90 for the full day, including morning tea, lunch and afternoon tea; with water tea and coffee available throughout the day. Student tickets are available at the subsidised rate of \$70 (student ID will be requested). To register, click [here](#).

Case-studies

If you would like to suggest a case-study for workshopping during the event, directly email Skye Marshall at skye_marshall@bond.edu.au