



Vestibular Courses

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BPPV INTENSIVE

INTRODUCTION TO ADVANCED

An Expanded 2 Day Workshop

Natalie Rando-Orr & Leia Barnes

16th – 17th October, 2021

Bond University, Gold Coast



BPPV Intensive

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Presenters: Natalie Rando-Orr BPhy; MPhty (Neuro)

Leia Barnes BPhy; Grad Dip (Neuro Rehab)

Leia Barnes graduated from the University of Queensland in 2005 with a Bachelor of Physiotherapy and completed a Graduate Diploma in Neurological Rehabilitation through the University of Western Australia in 2012. She was granted the title of an APA Neurological Physiotherapist in 2013. Leia has attended competency-based training by Dr Susan Herdman and team and has further enhanced her clinical skills by attending advanced vestibular rehabilitation courses in Melbourne, Gold Coast and USA. Leia works as an Advanced Physiotherapist at Logan Hospital, where she functions as a primary contact vestibular physiotherapist and team leader to a small team of passionate vestibular physiotherapists. Previous roles have included the Assistant Director of Physiotherapy (Rehabilitation) at the Gold Coast University Hospital and the Senior Physiotherapist at the Falls and Balance Clinic (Robina). Leia also manages a private vestibular caseload through her business, Back in Balance Vestibular Physiotherapy (clinic at Physiologic). Leia has over 15 years experience in treating patients with vestibular disorders and has been invited to speak at multiple conferences including the Queensland Acoustic Neuroma Conference, Audiology Australia and The Neuro-Otology Society of Australia Annual Clinical and Scientific Meeting.

Leia can be contacted at leia.barnes@health.qld.gov.au

Natalie Rando has focused her physiotherapy skills and teaching for over 20 years to the fields of Neurological Rehabilitation and Vestibular physiotherapy. She holds a Masters in Neurological Physiotherapy, has completed advanced training in the area of vestibular rehabilitation and regularly attends both national and international conferences related to vestibular dysfunction. Natalie previously held the position of Assistant Director of Physiotherapy (Rehabilitation) at the Gold Coast Hospital (2004- 2012), where she instigated and managed the physiotherapy service for Vestibular Clients and now manages a private vestibular caseload via Back in Balance Vestibular Physiotherapy.

For the last 15 years Natalie has delivered curriculum related to vestibular dysfunction at various universities including undergraduate level at Bond University, Griffith University and University of Queensland, as well as conducting post-graduate training throughout Australia. Natalie currently holds the position of Assistant Professor of Physiotherapy (Neurology) at Bond University and is an APA Titled Neurological Physiotherapist.

Natalie can be contacted at nrando@bond.edu.au



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BPPV INTENSIVE **An Expanded Workshop**

Saturday 16th October, 2021

8:15 – 8:30am	Registration
8.30 – 8.45:	Welcome & Introductions; Housekeeping
8.45– 9.45:	Review of anatomy and physiology related to BPPV Pathophysiology of BPPV variants
9.45 – 10:00am	MORNING TEA
10:00 – 12:00:	Vertical Canal BPPV Variants Assessment of Vertical Canals Canalith Repositioning Techniques for Vertical Canals Liberatory Manoeuvres for Vertical Canals Complications Atypical Variants: apogeotropic PC (A-PC) BPPV
12:00 – 12:30:	LUNCH
12:30 – 2:00	Practicum 1: Vertical Canal BPPV Assessment & Treatment Techniques <ul style="list-style-type: none">- PSC: Hallpike-Dix, Epley Manoeuvre, PC Liberatory Manoeuvre- A-PC: Quick Liberatory Rotation, Demi Semont- ASC: Kim Manoeuvre, Deep Head Hanging, Liberatory Manoeuvre
2.00 – 3.30:	Case-Based Learning (Vertical canals)

Sunday 17th October, 2021

- 8.30 - 10:30: Neurophysiology and testing of Horizontal Canal BPPV
- Pseudospontaneous nystagmus, canal hyporesponsiveness and null point
 - HRT, BLT, Sit – Supine Test
- Management of Geotropic BPPV Variants
- CRT (BBQ Roll) & Gufoni for Geotropic
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- 10.30 – 10.45: **MORNING TEA**
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- 10.45 – 12.45: Management of Ageotropic BPPV Variants
- Casani/Modified Semont
 - Gufoni for Ageotropic
- Complications
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- Practicum 2: Horizontal Canal BPPV
- Assessment & Treatment Techniques
- Assessment: Roll Test, Bow and Lean Test
 - Geotropic variant: BBQ roll, Gufoni for geotropic/Appiani
 - Ageotropic variant: Gufoni for ageotropic, Casani
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- 12.45 – 1.15: **LUNCH**
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- 1.15 – 2.45: Management of BPPV and co-existing conditions
- BPPV Mimics
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- 2.45 – 3.30 Case based Learning / Final Question panel



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