



# Vestibular Courses

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## **BPPV**

# **FROM CLEAR TO COMPLEX**

**An Advanced One Day Workshop**

**Natalie Rando & Leia Barnes**

**2nd November, 2019**

**Charles Sturt University**

**Albury-Wodonga**



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**BPPV:**

**From Clear to Complex**

An Advanced 1 Day Workshop

**Presenters: Natalie Rando**

**BPhty; MPhty (Neuro)**

**Leia Barnes**

**BPhty; Grad Dip (Neuro Rehab)**

Leia Barnes graduated from the University of Queensland in 2005 with a Bachelor of Physiotherapy and completed a Graduate Diploma in Neurological Rehabilitation through the University of Western Australia in 2012. She was granted the title of an APA Neurological Physiotherapist in 2013. Leia has attended competency-based training by Dr Susan Herdman and team, and has further enhanced her clinical skills by attending advanced vestibular rehabilitation courses in Melbourne, Gold Coast and USA. Leia has recently been appointed as an Advanced Physiotherapist in the Integrated Specialist ENT Service at Logan Hospital, where she functions as a primary contact vestibular physiotherapist. Previous roles have included the Assistant Director of Physiotherapy (Rehabilitation) at the Gold Coast University Hospital and the Senior Physiotherapist at the Falls and Balance Clinic (Robina). Leia also manages a private vestibular caseload through her business Back in Balance Vestibular Physiotherapy (clinic at Physiologic). Leia has over 10 years experience in treating patients with vestibular disorders, and has been invited to speak at multiple conferences, including the National Neurosensory Unit Audiology Conference and Queensland Rehabilitation Physiotherapy Network Conference.

Leia can be contacted at [leia@backinbalancevp.com.au](mailto:leia@backinbalancevp.com.au)

Natalie Rando graduated from the University of Queensland in 1997 with a Bachelor of Physiotherapy and went on to complete a Masters in Neurological Physiotherapy from UQ (2004). Natalie has attended competency-based training by Dr Susan Herdman and team as well as attending advanced training in Melbourne and the Gold Coast. Natalie previously held the position of Assistant Director of Physiotherapy (Rehabilitation) at the Gold Coast Hospital (2004 – 2012), where she instigated and managed the physiotherapy service for Vestibular Clients. She has 12 years experience teaching Vestibular Rehabilitation at the graduate entry level at Bond University and Griffith University, as well as the post-graduate level throughout Queensland and northern NSW. Natalie currently holds the position of Assistant Professor of Physiotherapy (Neurology & Geriatrics) at Bond University and is an APA Titled Neurological Physiotherapist.

Natalie can be contacted at [nrando@bond.edu.au](mailto:nrando@bond.edu.au)



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## **BPPV: From Clear to Complex**

### **An Advanced 1 Day Workshop**

**2nd November, 2019**

8.00 – 8.15	Registration
8.15 – 9.00:	Pathophysiology of BPPV variants
9.00 – 10.10:	Vertical Canal BPPV Variants Canalith Repositioning Techniques for Vertical Canals Liberatory Manoeuvres for Vertical Canals Complications
10.10 – 10.30:	MORNING TEA
10.30 – 11.00:	Practicum 1: Vertical Canal BPPV Treatment Techniques <ul style="list-style-type: none"><li>- PSC: Liberatory Manoeuvre</li><li>- ASC: Kim Manoeuvre + Deep Head Hanging + Liberatory Manoeuvre</li></ul>
11.00 – 12:30:	Neurophysiology and testing of Horizontal BPPV <ul style="list-style-type: none"><li>- Pseudospontaneous nystagmus and hyporesponsiveness</li><li>- HRT, BLT, Sit – Supine Test</li></ul> Management of Geotropic BPPV Variants <ul style="list-style-type: none"><li>- CRT (BBQ Roll) &amp; “Gufoni for Geotropic/Appiani”</li></ul> Management of Ageotropic BPPV Variants <ul style="list-style-type: none"><li>- Casani/Modified Semont (Cupulolithiasis)</li><li>- Gufoni for Ageotropic (canalithiasis – anterior arm)</li></ul>
12.30 – 1.00:	LUNCH

1.00 – 2 .15:                    Practicum 2: Horizontal canal BPPV Treatment Techniques

- Geotropic: Gufoni/Appiani
- Ageotropic: Gufoni + Casani

2.15 – 3.15:                    Management of BPPV and co-existing conditions

BPPV Mimics

3.15 – 3.30:                    AFTERNOON TEA

3.30 – 4.30:                    Case-Based Learning and Video-Oculography



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