



# Vestibular Courses

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## **BPPV**

# **FROM CLEAR TO COMPLEX**

**An Advanced One Day Workshop**

**Natalie Rando & Leia Barnes**

**19th March, 2016**

**Bond University**



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**Presenters:**            **Natalie Rando**            **BPhty; MPhty (Neuro)**  
                                 **Leia Barnes**            **BPhty; Grad Dip (Neuro Rehab)**

**Leia Barnes** graduated from the University of Queensland in 2005 with a Bachelor of Physiotherapy and Graduate Diploma in Neurological Rehabilitation (UWA) in 2012. Leia was granted the title of APA Neurological Physiotherapist in 2013. Leia has attended competency-based training by Dr Susan Herdman, and has attended multiple advanced vestibular rehabilitation courses both nationally and internationally. Leia has been appointed the role of Advanced Physiotherapist in the Integrated Specialist ENT Service at Logan Hospital, where she functions as a primary contact vestibular physiotherapist for Queensland Health. Previous roles have included the Assistant Director of Physiotherapy (Rehabilitation) at the Gold Coast University Hospital and Senior Physiotherapist at the Falls and Balance Clinic (Robina). Leia manages a private vestibular caseload with her business, Back in Balance Vestibular Physiotherapy (clinic at Physiologic). Leia has over 13 years experience in treating patients with vestibular disorders, and has been invited to speak at multiple conferences, including The Neuro-Otology Society of Australia Annual Clinical and Scientific Meeting, Queensland Acoustic Neuroma Conference, National Neurosensory Unit Audiology Conference and Queensland Rehabilitation Physiotherapy Network Conference.

Leia can be contacted at [leia@backinbalancevp.com.au](mailto:leia@backinbalancevp.com.au)

**Natalie Rando** graduated from the University of Queensland in 1997 and has focused her physiotherapy skills and teaching for over 15 years to the fields of Neurological Rehabilitation and Vestibular physiotherapy. She holds a Masters in Neurological Physiotherapy (2004), has completed advanced training in the area of vestibular rehabilitation and regularly attends both national and international conferences related to vestibular dysfunction. Natalie previously held the position of Assistant Director of Physiotherapy (Rehabilitation) at the Gold Coast Hospital (2004- 2012), where she instigated and managed the physiotherapy service for Vestibular Clients and now manages a private vestibular caseload via Back in Balance Vestibular Physiotherapy.

For the last 14 years Natalie has delivered curriculum related to vestibular dysfunction at various universities including undergraduate level at Bond University, Griffith University and University of Queensland, as well as conducting post-graduate training throughout Australia. Natalie currently holds the position of Assistant Professor of Physiotherapy (Neurology) at Bond University and is an APA Titled Neurological Physiotherapist.

Natalie can be contacted at [nrando@bond.edu.au](mailto:nrando@bond.edu.au)



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## **BPPV: From Clear to Complex**

### **An Advanced 1 Day Workshop**

**Sat 19<sup>th</sup> March 2016**

8.00 – 8.15	Registration
8.15 – 8.45:	Pathophysiology of BPPV variants
8.45 – 10.15:	Vertical Canal BPPV Variants Canalith Repositioning Techniques for Vertical Canals Liberatory Manoeuvres for Vertical Canals Complications
10.15 – 10.30:	MORNING TEA
10.30 – 11.00:	Practicum 1: Vertical Canal BPPV Treatment Techniques <ul style="list-style-type: none"><li>- PSC: PC Liberatory Manoeuvre, ageotropic PC LM</li><li>- ASC: Kim Manoeuvre + Deep Head Hanging + Liberatory Manoeuvre</li></ul>
11.00 – 12:30:	Neurophysiology and testing of Horizontal BPPV <ul style="list-style-type: none"><li>- Pseudospontaneous nystagmus and hyporesponsiveness</li><li>- HRT, BLT, Sit – Supine Test</li></ul> Management of Geotropic BPPV Variants <ul style="list-style-type: none"><li>- CRT (BBQ Roll) &amp; “Gufoni for Geotropic/Appiani”</li></ul> Management of Ageotropic BPPV Variants <ul style="list-style-type: none"><li>- Casani/Modified Semont (Cupulolithiasis)</li><li>- Gufoni for Ageotropic (canalithiasis – anterior arm)</li></ul>
12.30 – 1.00:	LUNCH

1.00 – 2 .15:	Practicum 2: Horizontal canal BPPV Treatment Techniques <ul style="list-style-type: none"><li>- Geotropic: Gufoni/Appiani</li><li>- Ageotropic: Gufoni + Casani</li></ul>
2.15 – 3.15:	Management of BPPV and co-existing conditions BPPV Mimics
3.15 – 3.30:	AFTERNOON TEA
3.30 – 5.00:	Case-Based Learning and Video-Oculography



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