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1 **Polymorphisms in PAH metabolising enzyme CYP1A1 in colorectal cancer and their**
2 **clinicopathological correlations**

3 Running title: CYP1A1 in colorectal carcinoma

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25 Abstract

26 CYP1A1 enzyme is integral to the biotransformation of polycyclic aromatic hydrocarbons to
27 carcinogenic compounds. This study aimed to screen mutations in exon 7 (ex7) of CYP1A1
28 and investigate its clinicopathological correlations in fresh tissue samples from 85 patients
29 (42 women; 43 men) with colorectal carcinoma (CRC). Tumour tissues and matched non-
30 neoplastic mucosa tissues were collected prospectively. Genomic DNA was extracted from
31 all tissues, and subject to high-resolution melt curve analysis for CYP1A1-ex7. Sanger
32 sequencing was employed to detect specific mutations. Three known single nucleotide
33 polymorphisms (SNPs) were identified in both tumour and matched non-neoplastic tissue for
34 the same individual. Of the 85 patients, one third (n=28) harboured either rs1048943,
35 rs1799814, or rs41279188. Patients who had a SNP at ex7 of CYP1A1 were significantly
36 more likely to be over 65 years of age ($p=0.015$). Furthermore, individuals harbouring a
37 SNP at exon7 showed a low incidence of perineural cancer infiltration ($p=0.025$) when
38 compared to the wild-type population. Overall, polymorphisms at exon 7 of CYP1A1 are
39 present in patients with CRC and associated with a few clinicopathological characteristics.

40

41 Keywords

42 CYP1A1, colorectal cancer, genetic variant, polycyclic aromatic hydrocarbon

43

44 **Introduction**

45 Polycyclic aromatic hydrocarbons (PAHs) are compounds involved in the meat-related
46 carcinogenesis of colorectal carcinoma (CRC) [1]. The term is an umbrella term for a class
47 of compounds containing hydrogen and carbon atoms arranged in more than one aromatic
48 ring structure [2]. These compounds are formed in meats that have undergone processing or
49 high-temperature cooking [1]. Many PAHs are capable of inducing toxicity and mutations
50 leading to cancer in the human body [3]. Red and processed meat intake is an established risk
51 factor for CRC, which is the third most commonly diagnosed cancer [1,4]. After ingestion,
52 parent PAHs (procarcinogen) in meat undergo xenobiotic metabolism resulting in the
53 formation of toxic/mutagenic/carcinogenic metabolites (carcinogen) [5]. The main metabolic
54 pathway involved in PAH transformation is the CYP450/epoxide hydrolase (CYP/EH)
55 pathway [6].

56 The CYP/EH metabolic pathway is capable of transforming a parent PAH compound to
57 a carcinogenic diol-epoxide [6]. The two key enzymes involved in this pathway regarding
58 CRC are cytochrome P450, family 1, subfamily A (CYP1A1) and microsomal epoxide
59 hydrolase (mEH) [7]. Briefly, CYP1A1 converts the PAH to an epoxide intermediate, which
60 is then converted to a dihydrodiol via epoxide hydrolase, and finally to a dihydrodiol epoxide
61 (carcinogen) by CYP1A1 [6]. Thus CYP1A1 plays a major role in facilitating the formation
62 of a PAH-dihydrodiol epoxide that can covalently bind DNA to create adducts in the colon
63 [8] and increase cancer risk.

64 Composed of seven exons and six introns, the *CYP1A1* gene is located on chromosome
65 15q22-q24 [9]. *CYP1A1* is a highly polymorphic gene and much attention has been given to
66 polymorphisms of four single nucleotide polymorphisms (SNPs); T3801C (m1), A2455G
67 (m2), T3205C (m3), and C2453A (m4) [9,10]. M2 and m4 SNPs are located on exon 7 (ex7)

68 and both SNPs result in amino acid changes; isoleucine to threonine at codon 462 and
69 threonine to asparagine at codon 461, respectively [11].

70 Previous studies have indicated the potential roles of CYP1A1 SNPs at exon 7 in breast
71 and lung cancers [12–15]. There is limited research on CYP1A1 variants and its association
72 with CRCs, with most existing studies focusing on CRC risk in case-control populations [16–
73 18]. Therefore, we aimed to investigate the prevalence of *CYP1A1* exon 7 variants and its
74 clinicopathological correlations in patients with CRC.

75

76 **Materials and methods**

77 **Patients and clinicopathological data recruitment**

78 Tumour tissues and matched non-neoplastic mucosa tissues (taken adjacent to the
79 margin of surgical resection) from the same patient with CRC, were collected prospectively
80 from 2012-2015 by a colorectal cancer surgeon (CTL). These tissues were collected in fresh
81 from hospitals in Queensland, Australia, and were snap-frozen in liquid nitrogen and stored at
82 -80°C until use. Recruitment of patients for this study was not subject to any bias. Tissue
83 samples that lacked adequate cancer mass or patients who did not return for clinical follow-
84 up were excluded from the study. Ethical approval for this study was obtained from the
85 Griffith University Human Research Ethics Committee (GU Ref No.: MSC/17/10/HREC).

86 The other portion of the surgical specimen for primary CRC were fixed in
87 formaldehyde and representative blocks were taken for histological examination and
88 pathological staging. Histological sections were sliced from these blocks and stained with
89 haematoxylin and eosin (H&E) for examination via light microscopy. The sections of
90 prospectively collected cancer tissue were reviewed to confirm at least 70% volume was
91 composed of CRC. Only primary adenocarcinoma was included in this study. Pathological
92 features of all cancer tissues were reviewed by an anatomical pathologist (AKL) based on
93 the World Health Organization (WHO) criteria [19]. Additionally, the matched non-
94 neoplastic mucosa tissue collected was reviewed to ensure there was no cancer present. Once
95 the prospectively collected tissues were confirmed as satisfactory for inclusion, they were
96 sectioned in 7µm slices using a cryostat (Leica Biosystems, Mt Waverley, VIC, Australia) for
97 extractions of genetic material.

98

99 **Clinical management**

100 Clinical management of the patients was performed according to a pre-agreed
101 standardised multi-disciplinary protocol. The use of neo-adjuvant and adjuvant therapy was
102 decided following the latest surgical guidelines [20]. The follow-up period and survival time
103 were calculated as the date of surgery to the date of death or the date of the most recent
104 clinical visit. Post-operative cancer recurrence or presence of residual cancer was also
105 recorded.

106

107 **DNA extraction**

108 DNA extraction and purification on the cut sections were done using QIAGEN
109 DNEasy Blood and Tissue Kits (QIAGEN, Hilden, Germany) as per the manufacturer's
110 protocol. DNA was quantified using the Nanodrop spectrophotometer (BioLab, Ipswich,
111 MA, USA). Concentrations were recorded as ng/ μ l and purity were measuring using 260/280
112 ratio. Samples were stored at -20°C until further analysis.

113

114 **High-resolution melt (HRM) curve analysis**

115 HRM analysis was performed on genomic DNA on the paired samples of cancer and
116 matched non-neoplastic tissues to detect alterations in sequences at exon 7 of CYP1A1. A
117 204 base pair fragment on CYP1A1-ex7 was amplified using 5'
118 CTGTCTCCCTCTGGTTACAGGAAGC 3' forward primer and 5'
119 TTCCACCCGTTGCAGCAGGATAGCC 3' reverse primer [21]. Amplification of target
120 sequences was achieved using QuantStudio HRM facility and HRM Software for
121 QuantStudio™ 6 and 7 systems (QuantStudio, ThermoFisher Scientific, Waltham, MA,
122 USA). A total reaction volume of 10 μ l consisted of 5 μ l 2x SensiFAST HRM Kit (Meridian
123 Bioscience Inc., Cincinnati, OH, USA), 0.4 μ l 10 μ M forward and reverse primers, 1 μ l of

124 30ng/μl gDNA, and 3.2μl diethylpyrocarbonate (DEPC, RNase free) treated water. The
125 thermocycling protocol was as per the mastermix guidelines. Melt curve data were obtained
126 every by reading fluorescence at each increment of temperature increase between 65-85°C;
127 the rate of temperature increase was 0.05°C per second. As described previously [22], all
128 runs included a no-template control, and all reactions were performed at a minimum of
129 duplicates. Variant alleles appeared as a distinct melt curve that differed to the curve
130 displayed by wildtypes. HRM results were interpreted as mutant when both replicates were
131 identical to each other, but different to the wild-type melt curve.

132

133 **Purification of polymerase chain reaction (PCR) products and Sanger sequencing**

134 Potential variant samples detected by HRM analysis was subject to Sanger sequencing
135 to confirm its genomic sequence. PCR products were subject to gel electrophoresis and
136 purified using NucleoSpin Gel and PCR Clean-up kit (Macherey-Nagel, Bethlehem, PA,
137 USA) following the manufacturer's protocol. These purified products underwent sequencing
138 using Big Dye Terminator (BDT) chemistry version 3.1 (Applied Biosystems, Foster City,
139 CA, USA) under standard PCR cycling conditions. This data was then analysed by the
140 3730xl Capillary sequencer (Applied Biosystems) at Australian Genome Research Facility
141 (AGRF).

142

143 **Sequence analysis**

144 Chromatograms were analysed using Chromas 2.31 sequence analyser software. In
145 addition to rigorous manual analysis of chromatograms, variants were identified using NCBI:
146 BLASTn (<https://blast.ncbi.nlm.nih.gov/Blast.cgi>) and further confirmed using Indigo: Rapid
147 Indel Discovery (<https://www.gear-genomics.com/indigo>). In-silico predictions regarding
148 disease causing, damaging, and/or deleterious variants were investigated using bioinformatic

149 tools such as MutationTaster (NCBI 37/Ensembl 69) [23], PROVEAN (Protein variation
150 effect analyser) and SIFT (Sorting intolerant from tolerant). Using PROVEAN and SIFT, the
151 cut-off values of -2.5 and 0.05 were used for the prediction of pathogenic and non-pathogenic
152 mutations, respectively.

153

154 **Statistical analysis**

155 Comparisons between CYP1A1 variants and clinicopathological parameters were
156 performed using the Chi-square test, likelihood ratio, and Fisher's exact test. Survival
157 analysis was performed using the Kaplan-Meier estimator. SPSS Statistics 27 (IBM SPSS
158 Inc., New York, USA) was used for all statistical analyses. Statistical significance was
159 accepted at $p < 0.05$).

160

161

162 **Results**

163 **Clinical characteristics**

164 The patient cohort included in this study comprised 85 patients (42 women, 43 men)
165 with CRC. The mean age of the cohort was 68 years, ranging from 24-91 years. 57.6% of
166 patients had stage I/II CRC, while 42.4% had stage III/IV cancers. In addition, 43.5% were
167 proximal (right colon) cancers (located in the caecum, ascending or transverse colon), while
168 the remaining 56.5% were classified as distal (left colorectum) tumours (pertaining to
169 descending colon, sigmoid colon, or rectum). The median survival of the patient cohort is 72
170 months. There was no loss of patients to follow up and the maximal follow up period was 113
171 months.

172

173 **Identification of *CYP1A1* exon 7 variants in colorectal tissue samples**

174 *CYP1A1* variants in CRC and matched non-neoplastic tissues were initially suspected
175 based on HRM curve deviation from the wild type. Three variants were suspected via HRM
176 analysis, and then confirmed with Sanger sequencing. All three suspected variants were
177 known SNPs: rs1799814 (m4 variant), rs1048943 (m2 variant), and rs41279188. Out of 85
178 patients in this cohort, eight patients harboured rs1799814, nine patients had rs1048943, and
179 eleven patients had rs41279188 variants; the remaining 57 patients harboured the wild-type
180 sequence for *CYP1A1*-ex7 (Table 1). All individuals expressed identical sequences in both
181 cancer and matched non-neoplastic tissues.

182 The three detected SNPs were expressed heterozygously as confirmed by Sanger
183 sequencing and chromatogram analysis (figure 1). In-silico analysis results presented within
184 table 1 shows that m2 and m4 variants are likely to be neutral polymorphisms that are
185 tolerated, while rs41279188 is predicted to be deleterious and disease-causing that is not
186 tolerated. None of the SNPs caused frameshift mutations.

187 **Clinicopathological correlations of CYP1A1 exon 7 variants**

188 Associations between patients with a wild-type sequence versus those with a
189 polymorphism at CYP1A1-ex7 are presented in table 2. Individuals who harboured a
190 polymorphism at this site were significantly less likely to be less than 65 years of age
191 compared to those with wild-type alleles ($p=0.015$). Patients who detected positive for a
192 polymorphism were significantly less likely to have received pre-operative adjuvant therapy
193 ($p=0.009$), and less likely to have had perineural infiltration by cancer ($p=0.025$). Tumour
194 size, subsite, and presence of other polyp(s) were also noted to be nominally associated with
195 the presence of a SNP at CYP1A1-exon 7, though these did not reach statistical significance.
196 Gender, cancer perforation, lymph node metastasis, metastasis, pathological stage, tumour
197 grade, lymphovascular invasion were not associated with CRC patients harbouring CYP1A1-
198 exon 7 polymorphism.

199 Analysis of specific polymorphisms (rs1048943, rs1799814, rs41279188) within the
200 entire cohort and these clinicopathological parameters did not reach statistical significance
201 (Table 3). However, age ($p=0.071$) and administration of pre-operative adjuvant therapy
202 ($p=0.079$) are noted to be nominally associated.

203 Further investigations into individual SNPs are reported in Table 4. CRC patients with
204 rs1048943 were significantly more likely than non-rs1048943 patients (i.e., wildtype,
205 rs1799814, rs41279188) to have a tumour invasion depth at level 3 ($p=0.033$). Additionally,
206 CRC patients with rs41279188 SNP were significantly less likely to have distal colorectal
207 tumours compared to non-rs41279188 (i.e., wildtype, rs1048943, rs1799814) ($p=0.036$).
208 Specifically, rs41279188 patients were less likely to have tumours of the sigmoid colon and
209 rectum ($p=0.022$).

210

211 **Association with patient survival**

212 The patient cohort displayed an expected distribution of survival based on tumour
213 stages, whereby stage IV individuals showed decreased survival and survival times improved
214 as tumour staging decreased. Although not statistically significant, patients with either
215 rs1048943, rs1799814, or rs41279188 showed a slightly improved survival by three months
216 (Figure 2).

217 **Discussion**

218 CYP1A1 is a key enzyme in metabolising xenobiotics such as polycyclic aromatic
219 hydrocarbons into mutagenic substrates that can cause DNA damage [24]. The current study
220 shows that genetic variants in CYP1A1-exon 7 are present and are associated with
221 clinicopathological characteristics in a cohort of patients with colorectal cancer . Recent
222 evidence regarding CYP1A1 and its relationship with CRC is unclear, as some results suggest
223 an association with modified CRC risk and meat intake [16,17], whilst other studies show no
224 relationship between this gene and CRC [25–28]. The m2 variant (rs1048943) has been
225 linked to higher enzymatic activity in patients with lung cancer [29] and thus can confer
226 higher cancer risk due to more carcinogenic metabolites being produced. rs1799814 and
227 rs41279188 have not been extensively studied in CRC. The current results suggest that
228 individuals with either rs1048943, rs1799814 or rs41279188 at ex7 are slightly protected
229 from CRC. The lack of perineural infiltration in CRC from these patients may be in concur
230 with this concept. Additionally, patients with a polymorphism were older, therefore making
231 their cancer more likely a disease of age. Moreover, individuals with a polymorphism at this
232 site were less likely to have associated polyps compared to individuals with wild-type alleles.
233 The association with lack of pre-operative adjuvant therapy with CYP1A1 polymorphisms
234 requires further investigation with a larger patient cohort. Advanced stage rectal cancer are
235 often treated by adjuvant therapy before surgery to increase the chance of complete resection.
236 It is likely that rectal cancer patients with polymorphism are of lower clinical staging and
237 have not been treated by pre-operative therapy. Taken together, our results suggest that
238 patients with a polymorphism exhibit more favourable clinicopathological characteristics
239 when compared with the wild-type cohort.

240 The activity of CYP1A1 pushes the PAH through a metabolic pathway that ultimately
241 has two fates; excretion or creation of a DNA adduct [30]. As it is uncertain about the

242 activities of CYP1A1 in individuals with a polymorphism, those with a high CYP1A1
243 activity resulting from their SNP may also have high rates of PAH-metabolite excretion.
244 This excretion is determined by the biological activities of detoxifying enzymes such as
245 GSTM and UGT families [31], and have not been investigated in this current study.

246 rs41279188 was predicted to have damaging effects, possibly because it induced a
247 missense mutation. Our initial analysis shows that CRC patients with rs41279188 are less
248 likely to have tumours of the distal colorectum. Distal colorectal cancers tend to present
249 earlier and have a better prognosis [32], thus the predicted damaging effects of rs41279188
250 could explain this relationship. Further research into this SNP and its role in prediction and
251 causation of proximal/distal CRCs would be helpful to understand this link.

252 This study is limited due to the low number of patients who harboured each
253 polymorphism. However, our results link the presence of a polymorphism at CYP1A1-exon
254 7 to age and some tumour characteristics and provide a basis for future investigations into
255 this gene and associated genes in colorectal cancer.

256

257 **Conclusion**

258 Patients who had SNPs at CYP1A1 exon 7 composed almost one-third of this CRC
259 study population. Three SNPs (rs1048943, rs1799814, and rs41279188) were significantly
260 associated with advanced age and perineural invasion. Such results suggest a protective role
261 for these polymorphisms. However, future studies are warranted to fully understand the
262 molecular pathogenesis of the genetic variants. Overall, the CYP1A1 SNPs are linked to
263 favourable clinicopathological characteristics in our cohort of patients with CRC.

264 **Figure legends**

265

266 Figure 1. Exonic variants detected in colorectal adenocarcinoma and matched non-neoplastic
267 mucosa tissue. Comparison of wild-type HRM curves and chromatogram to detected variants
268 in CYP1A1 exon 7

269

270 Figure 2. Survival distribution in colorectal cancer and perineural invasion correlation to
271 CYP1A1 polymorphism. A) survival rates in patients with colorectal adenocarcinoma as per
272 cancer stage. B) Patients with polymorphism at exon 7 of CYP1A1 have a longer survival
273 time compared to those with wild-type alleles ($p>0.05$). C) Patients without a polymorphism
274 at exon 7 of CYP1A1 are more likely to have perineural invasion.

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